

IN THE UNITED STATES DISTRICT COURT OF

THE SOUTHERN DISTRICT OF TEXAS

HOUSTON DIVISION

ALYSSON LEDESMA )

PLAINTIFF, )

VS. )

CIVIL ACTION NO. 4:23-CV-01983

TYRUS CANTY AND TRANSAM )

TRUCKING, INC. )

DEFENDANTS. )

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NON-STENOGRAPHIC VIDEOTAPED DEPOSITION

OF FERNANDO TECHY, M.D.

VOLUME 1 OF 1

JULY 30, 2024

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NON-STENOGRAPHIC DEPOSITION OF FERNANDO TECHY, M.D., HAVING BEEN  
DULY SWORN BY LEONARD M. RHEM, NOTARY PUBLIC IN AND FOR THE STATE  
OF TEXAS. THE WITNESS APPEARED REMOTELY FROM HARRIS COUNTY,  
TEXAS, FROM 5:03 P.M. TO 7:39 P.M. CDT, PURSUANT TO TEXAS RULES  
OF CIVIL PROCEDURE AND ANY PROVISIONS STATED ON THE RECORD OR  
ATTACHED HERETO, AND SKRIBE, INC.'S TERMS & CONDITIONS OF  
SERVICE.



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INDEX TO EXAMINATION

EXAMINATION	PAGE
EXAMINATION BY MR. MORGAN	5
EXAMINATION BY MR. EDEN	47
EXAMINATION BY MR. MORGAN	82
EXAMINATION BY MR. EDEN	86

INDEX TO EXHIBITS

NO.	DESCRIPTION	PAGE
EXHIBIT 1	ALLIED ORTHOPEDICS MEDICAL RECORDS	8
EXHIBIT 2	MRI OF CERVICAL SPINE	10
EXHIBIT 3	MRI AXIAL VIEW	15
EXHIBIT 4	MRI OF LUMBAR SPINE	16
EXHIBIT 5	ORIGIN MRI	16
EXHIBIT 6	IMAGE OF ANNULAR TEAR	18
EXHIBIT 7	HOUSTON MRI	18
EXHIBIT 8	IMAGE OF CERVICAL FACET JOINT	20
	INJECTION	
EXHIBIT 9	ORIGIN SPINE MEDICAL RECORDS	22
EXHIBIT 10	IMAGE OF RFA	26
EXHIBIT 11	ALLIED ORTHOPEDICS CLINICAL NOTES	30
EXHIBIT 12	SUMMARY OF CONFERENCE DOCUMENT	34



1           NOTARY: The time is 5:03 p.m., Central Time. The date is  
2 July 30th, 2024. We are on the record. This is the oral, non-  
3 stenographic deposition of Fernando Techy, M.D., taken under Alysson  
4 Ledesma v. Tyrus Canty and TransAm Trucking, Inc. in Case Number 4:23-  
5 CV-01983.

6           Today's deposition is being conducted remotely. My name is  
7 Leonard Rhem, Certified Notary in the state of Texas. My license number  
8 is 132988515. I'm administering the oath from Round Rock, Texas, and  
9 the witness is located in Houston, Texas.

10           By entering this Skribe event, parties present have agreed to  
11 Skribe's terms of service and acknowledge this deposition is occurring  
12 non-stenographically and is being recorded by the scheduling attorney  
13 through Zoom.

14           At this time, would Counsel please state your appearance and  
15 location for the record.

16           PHILIP MORGAN: Phil Morgan for plaintiff, Harris County,  
17 Texas.

18           ESSAY EDEN: Essay Eden on behalf of the defendants in  
19 Houston, Harris County, Texas.

20           NOTARY: Thank you. Mr. Techy, will you please raise your  
21 right hand?

22           Do you solemnly swear the testimony you're about to give is  
23 the truth, the whole truth, and nothing but the truth?

24           WITNESS: I do.

25           NOTARY: Thank you. Attorneys, you may now proceed.



EXAMINATION

BY PHILIP MORGAN:

Q Doctor, can you please introduce yourself to the jury?

A Yeah, my name is Fernando Techy. I am an orthopedic spine surgeon.

Q Doctor, do you understand that we are interested in the injuries that Alysson Ledesma suffered on April 7th, 2022?

A I am.

Q Okay. You treated Alysson for her injuries, right?

A That's correct.

Q Would you list for us the principal injuries for which you were treating Alysson?

A Yeah. Alysson is a young lady that came to us complaining of neck and low back pain. In -- in summary, she had herniated discs at C4-5 and C5-6, as well as an L4, L5 in the lumbar spine. So we treated her for the pain that was coming from those disc herniations and -- and all the -- all the consequences they caused to -- to the lumbar and cervical spine.

Q Based on your experience and training, within a reasonable degree of medical probability, is it your opinion that the injuries suffered by Alysson were caused by the crash on April 7th, 2022?

A Yes.

Q Can you briefly describe the treatment Alysson had as a result of these injuries from the car crash on April 7th, 2022?

A Oh, I believe Alysson had, like everybody, she starts with



1 physical therapy, oral medication. And then as that -- that didn't  
2 really -- she wasn't happy enough with the -- with the results of those,  
3 then she starts getting -- getting injections. Then what we did, we did  
4 injections. I believe I did one course of injections for her in the  
5 cervical and in the lumbar spine. Those are called medial branch blocks.  
6 And we did -- let me see what I did here. I believe I did only the  
7 lumbar spine because it -- it was going to be done -- the neck was going  
8 to be done next.

9 And yeah, so I only did the lumbar spine, and we were planning  
10 on doing her cervical spine. And -- and -- and -- and as she did somewhat  
11 well with the first ones, we were going to do a second round of injections  
12 that -- that are called rhizotomies. That's almost like a mini surgery  
13 that it's done percutaneously, that we burn the nerves to the spine with  
14 the objective of so the patient doesn't have pain in the area anymore.  
15 Yeah, so that's what we -- we -- we -- we did for her.

16 Q Based on your experience and training, within a reasonable  
17 degree of medical probability, is it your opinion that the treatment  
18 Alysson received as a result of her injuries was medically necessary to  
19 treat the injuries she sustained in the crash?

20 A I believe so.

21 Q Okay. Doctor, today, in any question in which I ask for your  
22 opinion, there's an implied part of my question, which is that the  
23 opinion is within a reasonable degree of medical probability. I want  
24 you to answer my questions only if you can do so to a reasonable degree  
25 of medical probability. Do you agree that in answering my question,



1 you'll only give an opinion that is within a reasonable degree of medical  
2 probability?

3 A I agree.

4 Q Okay. Doctor, are you a specialist in a certain field of  
5 medicine?

6 A I am.

7 Q Can you tell the jury a little bit about that field?

8 A Yeah, I'm -- I'm a specialist in spine surgery. So I mean,  
9 basically is the -- the -- we treat people with spine injuries. Either  
10 they're from trauma from accidents or they're from just wear and tear,  
11 aging, as the body grows old and people develop spine problems.

12 I do -- we -- we -- I -- I see patients from the beginning to  
13 the end of their treatment, from they're coming to the office simply  
14 ordering some physical therapy and -- and some oral medication in the --  
15 in the cases that are in the beginning. A lot of people get better that  
16 way. That -- that doesn't work, then we move on to injections, such as  
17 epidurals, medial branch blocks. If that doesn't work, then we go on  
18 to rhizotomies, which is the burning of the nerves. And if that doesn't  
19 work, then -- then you start considering surgery for -- for both neck  
20 and back or thoracic spine, whatever -- whatever the problem is.

21 Q Right. So we're -- we're here to talk about the treatment  
22 that Alysson received, and I'd like to share my screen. Can you see  
23 this screen, Doctor?

24 A I can.

25 Q Okay. It looks like Alysson first visited you September 14th,



2023. Does that sound correct?

A Correct.

Q But you told the jury -- you told us a minute ago that you treat patients in your normal course from the very beginning through a -- even a second opinion and all on; is that correct?

A Correct.

Q Okay. As her treating physician, is it important to understand her prior treatment?

A Yeah, of course.

PHILIP MORGAN: Okay. I'm going to go ahead and mark this as Exhibit 1.

(EXHIBIT 1 MARKED FOR IDENTIFICATION)

BY PHILIP MORGAN:

Q Exhibit 1 is going to be your -- the medical records from Allied Orthopedics. And so there we can see it. And so you -- you just said a moment ago, it's important for you to understand her prior treatment. And, in fact, your clinical notes from the very first day that you saw her indicate her past medical treatment; is that correct?

A Correct.

Q And -- and you indicate that she's had chiropractic care, steroid injections; is that correct?

A That is correct.

Q Okay. I -- I'd like to take a brief look at Alysson's prior treatments so the jury understands it. First, I think you've talked about this earlier, with patients with this type of injury and pain, is





1 there a general standard course of treatment that starts with  
2 conservative measures and then progresses?

3 A Everything -- everything varies quite a bit. There -- there's  
4 no -- nothing is -- there's no cookie cutter in -- in -- in spine surgery.  
5 Every -- every patient is -- has its individual treatment. But overall,  
6 let's say there's -- there are no emergencies going on, normally we start  
7 with physical therapy, oral medication, and then injections, then  
8 rhizotomies, then surgeries.

9 Of course, if they have a neurological deficit or the pain is  
10 too intense, sometimes we act a little faster and, you know, we -- we  
11 skip some steps to -- to surgery sometimes if -- if the -- the problem  
12 is too severe or -- or as I said, there's -- there's instability in the  
13 spine and there's a neurological compromise.

14 Q So are -- are physical therapy or chiropractic sessions  
15 considered standard conservative care for a car crash victim?

16 A They are standard, yes.

17 Q All right. What is an MRI?

18 A MRI is an imaging modality test. It doesn't use X-rays  
19 like -- like most other imaging tests. It -- it uses an electromagnetic  
20 field. And what it does, it aligns your -- the atoms of your body in a  
21 way that generates images. It's probably the most common used and the --  
22 and the best image to -- to look at diseases or trauma of -- of the  
23 spine. So I would say the most common test order.

24 Q Okay. So what does it help the treating doctor to see?

25 A Oh, we're able -- we're able to see the bone, the disc, the

1 ligaments, the nerves, if there's anything, you know, impinging on it,  
2 if there's fractures, how old the fractures are. Yeah, it's a very  
3 useful test. It -- it gives us a clear idea of what's going on.

4 Q Is -- is an MRI typical type of imaging that would be ordered  
5 in dealing with a car crash victim experiencing pain?

6 A I -- I think it's very common to be ordered, yes.

7 Q Okay. And Alysson, in fact, had some MRIs done that you --  
8 you've taken a look at, correct?

9 A That's correct.

10 PHILIP MORGAN: Okay. I'll go ahead and mark as Exhibit 2,  
11 this cervical MRI.

12 (EXHIBIT 2 MARKED FOR IDENTIFICATION)

13 BY PHILIP MORGAN:

14 Q Doctor, I'm going to zoom in. In the picture on the left of  
15 the screen, does it appear that this is an MRI image taken of -- from  
16 Alysson's neck on September 9th, 2023?

17 A Correct.

18 Q Okay. And if we zoom back out, does this colorized version  
19 on the right accurately reflect the -- a blown-up version of the original  
20 MRI?

21 A Yeah, I would say so. Yeah. It's -- it's -- it makes it  
22 easier for the -- for the layman person to -- to understand and see.

23 Q Does this colorized version help you explain to the jury the  
24 injuries that Alysson suffered and the pain she's experiencing?

25 A Yes.

1 Q Would this demonstrative help the jury understand the anatomy  
2 that we're going to be discussing?

3 A Yes.

4 Q Okay. Can you give us a brief anatomy lesson of what we are  
5 looking at here with the -- the discs in the spine?

6 A Yeah. So -- so this is -- this is a sagittal cut. We call  
7 it a sagittal cut, just think that a -- I -- I tell the patients, imagine  
8 a ninja comes and chops you with a sword just down the middle and then  
9 turn -- each half of you and looks right into the half.

10 The -- the -- the -- the part to the left of the picture will  
11 be your mouth. And then the -- the -- the right of the picture will be  
12 the back of your head. So you're looking into the spinal cord. That --  
13 that cord going down in gray matter, it's their spinal cord coming from  
14 your brain going all the way to your, you know, giving out nerves to  
15 your arms and legs and makes -- making you move, making you feel, and  
16 giving you pain -- pain and temperature sensation.

17 The -- all these little squares in the front that you see on  
18 the anterior side are the -- are the bones, are the -- are the -- your  
19 vertebral body. So you see, they're numbered from C2, 3, 4, 5, 6, and  
20 7. There's seven in the neck. And then you start your thoracic spine,  
21 which is your -- your -- your thoracic cavity, and then you have 12 over  
22 there. And then you have five in the lumbar spine.

23 In between each two bones, you have a disc. That is the  
24 cushion so you're able to move. You're able -- you're not like a stick  
25 person. You can move each disc when you're healthy -- measure -- moves



1 about eight degrees of range of motion. So once you add eight degrees  
2 per each one of them, you're -- you're able to bend 90 degrees. You're  
3 able to bend almost 180 degrees if you're flexible at -- at your waist  
4 with the help of your hip, of course. So eight degrees per disc. And  
5 the discs are extremely commonly injured in -- in accidents or trauma.  
6 Because as the -- the -- the -- the -- the energy comes through --  
7 through the -- the spine, there's usually, we'll call it the whiplash.  
8 You know, there's some extension, some flexion of your neck and your low  
9 back, and those cushions get -- they get pretty much squashed between  
10 two hard bones.

11 Two things will happen. Either the bone will break, which is  
12 less common, or the little disc will -- will burst the annulus on the  
13 outside. And we call -- and the -- and the inner portion herniates.  
14 Herniation means it's a tissue in your body that is where it's not  
15 supposed to be. And that being said, is that those -- those pieces of  
16 disc now are behind the limit of the bone and -- and they shouldn't be  
17 there. So that's why it's called herniation.

18 The problem is the neural structures. The nerves are passing  
19 right behind it. And when that herniates and touches the nerve, it  
20 causes this irritation on the nerves that usually generates a lot of  
21 pain. Just the disc rupturing by itself without touching the nerve also  
22 causes pain because there's terminal endings of nerves into the disc.  
23 So they -- they hurt.

24 So basically, that's this. You got a trauma, you -- you --  
25 the disc blows up in a -- in a -- a -- a certain part of it extravasates



1 from -- from that contained segment and creates the herniation. And  
2 that irritates the -- the -- the disc, irritates the bone, irritates the  
3 nerves themselves, the spinal cord, everything in the area.

4 Q So, Doctor, I really appreciate that long answer. I'll  
5 probably -- opposing Counsel may ask me to do a little bit more of a  
6 question and -- and -- and answers. And so I'd like to go back to a few  
7 things that you said there to break it up so that the jury -- that the  
8 jury understands, if that's okay.

9 So we're -- we are looking at a picture of Ms. Ledesma's neck;  
10 is that correct?

11 A Correct.

12 Q Okay. And the -- the C2, the C3, the -- the -- the C4, those  
13 are -- what are those?

14 A Those are the bones.

15 Q Those are the bones. And -- and what is -- sits in between  
16 the bones?

17 A The disc.

18 Q Okay. And what does the disc -- how -- what does the disc  
19 do? What is its function between the bones?

20 A It's a little cushion between the bones. And so it's shock  
21 absorbent, and it's a -- it's a -- it's pretty much a joint. So you  
22 move -- you move through it. So it makes you move.

23 Q And if a disc becomes out of place, what do we call that?

24 A A herniated disc.

25 Q Okay. And does Ms. Ledesma show that she has multiple

1 herniated discs?

2 A She does.

3 Q Okay. And -- and how can a herniated disc affect the patient?

4 A So it can -- it can give the patient pain from the simple  
5 fact that the -- the disc wall ruptured. It's pretty much as if having  
6 a -- a -- a -- a laceration, a tear in your skin, and the tissues from  
7 inside are bulging out. So that cut on the skin, which just transported  
8 to the disc, that will hurt.

9 Now the structures that are coming from inside, they come out  
10 and they pinch nerves that are passing behind. So that will give you  
11 the nerve irritation type of pain. So those -- those types of pain.  
12 And then the -- the facet joints, which are the two pillars in the back  
13 of the spine, as the disc is not functioning properly, now the facets  
14 in the back get overload. Now you -- you develop facet pain. So it's --  
15 it's a whole segment situation that happens there.

16 I -- I -- I like to tell the patient almost like a -- like a  
17 car that has a flat tire. You have a problem from the flat tire, but  
18 if you leave it that way and you keep running, you're going to start  
19 getting balance problems with the -- with the suspension, with the other  
20 tires, with the -- with the -- with the whole structure of the car. So  
21 in my opinion, it needs to be balanced again so you have good posture  
22 and good function.

23 Q And you mentioned that that was a sagittal view. There's  
24 another view that an MRI can take. What is that called?

25 A That -- I think you're referring to the axial view. That's



1 the -- that's the other important one that we always look.

2 PHILIP MORGAN: Okay. I'm going to go ahead and mark as  
3 Exhibit 3, the axial view.

4 (EXHIBIT 3 MARKED FOR IDENTIFICATION)

5 BY PHILIP MORGAN:

6 Q And, Doctor, does this appear to be a colorized version of  
7 the actual -- axial view of Ms. Ledesma's herniated disc at C5, C6?

8 A Yeah. Yes.

9 Q And can you just briefly explain what -- what we're seeing  
10 here?

11 A Yeah. So this is the axial cut. So to -- for people to  
12 understand, like first ninja cuts you like this, now ninja's going to  
13 come chop your head off like that. Once it cuts the -- the head off,  
14 you're going to look right down into the hole. And you see in the --  
15 the very center is your spinal cord, that -- that -- that gray structure  
16 that looks -- looks like a -- a bean. Around it you have the sac, which  
17 is full -- full of water. We call it the CSF, the cerebral -- cerebral  
18 spinal fluid, which is basically water. That protects your spinal cord.  
19 And then it moves inside the sac.

20 In front of it, you have the disc. So you -- you cut right  
21 through the disc level, and that is the C5-6 disc. So you're -- you're  
22 looking in between the bone number five and the bone number six. That's  
23 the disc C5-6. As you can see, that disc has ruptured and more to the  
24 right, it bulges back. It displaces the spinal cord. It deforms the  
25 spinal cord. And it takes the space of the right side, we call the



1 lateral recess. And that -- therefore, that -- that will cause you pain,  
2 nerve irritation most likely. It may not, but in her case, it did.

3 PHILIP MORGAN: I think I'll mark as Exhibit 4, the lumbar.

4 (EXHIBIT 4 MARKED FOR IDENTIFICATION)

5 BY PHILIP MORGAN:

6 Q And, Doctor, what are we looking at on this -- on this last  
7 Exhibit 4?

8 A Same thing, is that's the sagittal cut of the lumbar spine.  
9 So analogous to -- to the neck, this is the same thing, but done in your  
10 low back. You have the bones number from L1 to L5. That's lumbar one  
11 to L -- to lumbar five. And the very last one, the -- that big triangle  
12 is the sacral one. That's your first -- we call it S1. That's your  
13 sacral bone, your -- your -- that will -- will give origin to your  
14 tailbone once it keeps going.

15 Same -- same way, you got the disc in between. They do the  
16 exact same thing as they do in the cervical spine. And then you got the  
17 neural structures passing behind it.

18 Q And Ms. -- as -- as we discussed, Ms. Ledesma had two sets of  
19 MRIs done throughout her course of treatment; is that correct?

20 A That is correct.

21 Q One was in -- in 2022 and the other one was in 2023, right?

22 A Correct.

23 PHILIP MORGAN: And I want to take a look. I'm going to go  
24 ahead and mark as Exhibit 5, origin MRI.

25 (EXHIBIT 5 MARKED FOR IDENTIFICATION)





1 BY PHILIP MORGAN:

2 Q Right. We can see that this was the MRI from 05-11-2022.  
3 And this is a radiologist report; is that right?

4 A That's correct.

5 Q And a radiologist, that's a doctor that reads these types of  
6 images for a living?

7 A Yes.

8 Q And he reported at L4, L5 a three millimeter disc protrusion  
9 with a superimposed five millimeter right foraminal annular fissure.  
10 Can you explain what the annular fissure is?

11 A So the -- the disc -- the disc, it's composed by two parts.  
12 The outer part is the annulus, and the inner part is the nucleus, like  
13 a cell, the nucleus of the cell. So the nucleus is more like -- like a  
14 gelatin, like a -- a slime type of material. And the annulus is just  
15 fibrous tissue. It looks like a tendon, it's very -- very sturdy and --  
16 and tough.

17 So the annulus contains the nucleus, which is pretty much a  
18 gel. And the moment you get hurt, the gel is just a gel. You know, it  
19 doesn't break. But the annulus, it -- fissure -- fissure is like a  
20 little cut, a -- a -- is an incontinuity on -- on the -- almost like a  
21 tire, has a radial property. The moment you -- you blow up a piece of  
22 the tire, you -- you lose that radial property. So it can't really, you  
23 know, turn on itself anymore. It -- it doesn't have that power to --  
24 to sustain weight anymore. Same happens to the disc. You -- you lose  
25 that radial power by -- by the fissure on the -- on the -- on the annulus



1 of the outer part. And then you -- then you have all this pain, you  
2 know, and the extravasation of -- of the nucleus.

3 PHILIP MORGAN: Let me go ahead and mark this as Exhibit 6  
4 and share my screen again.

5 (EXHIBIT 6 MARKED FOR IDENTIFICATION)

6 BY PHILIP MORGAN:

7 Q Doctor, is this a -- a -- an accurate representation of an  
8 annular tear that you just talked about?

9 A Yeah, that's -- that's what we talked about. You -- you see  
10 the tough structure on the outside? You see on the -- the -- the  
11 posterior left area there? It's right if you're looking, but if you're  
12 from the back, it's -- it's the left. We'll call that the left side.  
13 And then you see the -- the gel-like structure in the center? That's  
14 the nucleus. So the moment you have that fissure, it may just bulge out  
15 or that -- that nucleus may extravasate and pinch the -- those nerves  
16 that are passing behind it.

17 PHILIP MORGAN: And I'd like to go ahead and mark as Exhibit  
18 7, the MRI -- Houston MRI records.

19 (EXHIBIT 7 MARKED FOR IDENTIFICATION)

20 BY PHILIP MORGAN:

21 Q And this is the radiologist report from an MRI on September  
22 9th, 2023; is that right?

23 A Correct.

24 Q And if we look at it, at L4, L5, just as we saw in 2022, it  
25 notes that there's an annular tear or fissure again, correct?



1 A Correct.

2 Q So that injury didn't heal over time; is that fair?

3 A Oh, it's still there.

4 Q I'd like to get back to the -- the treatment that Ms. Ledesma  
5 had. She went under -- underwent physical therapy. After that, she  
6 went to Origin Spine and had a C5, C6 cervical right facet block on 06-  
7 06-2022. And let's just take a look at the -- while you're explaining  
8 it, let me do -- let me do this. Let me ask a better question. I'm  
9 going to start over.

10 So, Doctor, I'd like to get back to the treatment that Ms.  
11 Ledesma had in June -- on June 6th, 2022, she had a right facet block.  
12 Can you, looking at the colorized MRI, explain what that is?

13 A Well, you don't -- you don't see the facets on this cut  
14 because they're a little to the side. But they would be in the --

15 Q Hang on.

16 A -- maybe on your -- on your -- yeah, on your -- on your --

17 Q I'm going to interrupt. Is this a better way to look at it?

18 A Yeah, you can see the facets here. Yeah.

19 Q Let -- let me -- so let me -- let me ask a -- a better,  
20 cleaner question and answer so we can -- because we'll -- we'll cut --  
21 we'll -- we'll edit this. After physical therapy didn't help, Alysson  
22 started with a series of injections, and she had a C5, C6 facet block  
23 on 06-06-2022. Can you explain, looking at this picture, what -- what  
24 that is?

25 A So it's a block. It's -- it's to treat pain that's been

1 generated by the facet joint. And also, in -- in -- in -- in  
2 continuation, the pain that's been generated by the disc and so on. The  
3 facets are the two joints as we talked about before. They're located  
4 on the two posterior aspects of the spine. If you see here, if you look  
5 at this tan or beige type of part of the drawing, that is -- that is  
6 bone -- bony structure. So it comes from the back.

7 Q Is it right here? Is it right here where I'm circling?

8 A Correct. That is a facet joint. The -- the joint itself  
9 is -- is the -- is the hollow spacing between the two bones. So you got  
10 the bone coming from the front, the bone coming from the back, the joint  
11 is in the middle. So that's your facet joint.

12 PHILIP MORGAN: Go ahead and mark this as Exhibit -- Exhibit  
13 8.

14 (EXHIBIT 8 MARKED FOR IDENTIFICATION)

15 BY PHILIP MORGAN:

16 Q Doctor, we're -- we're looking at Exhibit 8 here. Is this an  
17 accurate representation of what a cervical facet joint injection is?

18 A Yeah, that is perfect drawing. So just -- just a different  
19 angle, but shows you the little -- the little joint between the two  
20 bones, the -- in -- in that case, the C5 and the C6 bone. In between,  
21 you're going to have a joint. You have the disc in the front, and you  
22 have the two facets in the back, one on the right and one on the left.  
23 And yeah, the -- the -- the -- the -- the doctor, the surgeon, they --  
24 they insert medicine into that joint to -- to cut down inflammation,  
25 alleviate pain, and so on.



1 Q In -- in -- and this injection is -- is not just like a COVID  
2 or flu shot, right? This -- is this an -- a needle stuck into someone's  
3 spine?

4 A Correct. That's -- that's way deeper than the -- than the  
5 vaccination.

6 Q Are there -- are there some risks along with these facet joint  
7 injections?

8 A Yeah, there's risks. Risks like -- like anything you do in  
9 medicine, the risks of, you know, infection, bleeding, damage to the  
10 structures that are around the facet joint. To name a few very important  
11 structures are, you know, your spinal cord, your nerves that are exiting  
12 to your arm or to your leg, depending which level you are, the arteries,  
13 you know, vertebral artery and -- and so many important vessels that are  
14 around. Yeah, so it's very -- very delicate and very precise procedure  
15 to be performed.

16 Q Before a patient undergoes such an injection and before a  
17 doctor performs one, I mean, do they weigh the risks and -- and benefits  
18 and take this calculus seriously?

19 A Of course.

20 Q And then on that same day, on June 6, 2022, Alysson had an  
21 L4, L5 lumbar facet block?

22 A Correct.

23 Q And just to -- to help the jury, that's going to be an -- an  
24 injection in the area where she had the herniated disc in her lower back;  
25 is that correct?



1 A Same level, yes.

2 Q Okay. And is this the same type of -- when we're talking  
3 about the -- the facet injections, these would -- between the lumbar and  
4 the cervical, are they the same type of injection?

5 A They're the same type, yeah.

6 Q Okay. And then she gets another set of injections on 6-10,  
7 only these are on the left -- the left side. Can you explain the  
8 difference between the left and the right side and why the two sets of  
9 injections?

10 A It's -- it's more -- I'd say it's more physician preference.  
11 I personally do both in the same day. Some physicians do separate days.  
12 I think it's just -- just preference that some -- they -- they -- they  
13 may think it's too much to do both at the same time, or -- or the patient  
14 prefers to do one and then another one. It -- it's just personal  
15 preference.

16 PHILIP MORGAN: I'd like to take a look -- we'll go ahead and  
17 mark this as Exhibit -- Exhibit 8? I'd like to take a look at this,  
18 Origin Spine. Go ahead and mark as Exhibit 9 the records from Origin  
19 Spine.

20 (EXHIBIT 9 MARKED FOR IDENTIFICATION)

21 BY PHILIP MORGAN:

22 Q Doctor, we -- we're looking at the -- the medical records  
23 from Origin Spine, and this appears to be a follow-up. And we can see  
24 that on 6-6, we had the -- the right side injections on 6-10, we had the  
25 left side injections and looks like Ms. Ledesma is following up on June



1 24th. She notes that the injections helped a little bit, but she's still  
2 reporting pain. Is that to be expected or surprising?

3 A No, not necessarily.

4 Q Okay. Why is that?

5 A I've -- I've seen many -- many that -- I -- I -- I would say  
6 that's probably the most common answer. You know, they help to some  
7 extent, but rarely -- rarely I see them get perfect with one series of  
8 injections.

9 Q And -- and then looking at that same -- that same record,  
10 she's recommended for another injection, but I want to discuss the --  
11 the type here. And can you just tell us what the procedure that she's  
12 recommended for is before so I don't butcher the name?

13 A Oh, it's lumbar transforaminal epidural steroid injection on  
14 the right side, L4-5.

15 Q Okay. And how does that differ from the injections that she  
16 just had previously?

17 A It -- it's a slight different technique. So instead of going  
18 into the joint, now you're going a little more the inside and you're  
19 putting into the little hole, the medicine in the hole that the nerve  
20 comes out to go to your leg. And that is expected to go into the --  
21 there -- it's called epidural. Most -- most people have heard of an  
22 epidural injection. Epidural relates to the -- to the space, to the  
23 sites where the injection is given.

24 So it's -- epidural space is -- is the space right above that  
25 sac that covers the nerve that's full of water. So you put the medicine

1 on top of that -- of that sac, hoping it will calm down the inflammation  
2 on the nerves. So it's -- it's a slight different technique than the  
3 first one.

4 Q And -- and the records show the same thing, some improvement,  
5 but she's still -- she's still having pain. Again, is that surprising  
6 to you?

7 A I mean, not necessarily. Unfortunate, but -- but not --  
8 doesn't surprise me, as these things may -- may be difficult to treat.

9 Q And then looking back at the same record, just to orient --  
10 just to orient ourselves. We're look -- now looking at her treatment,  
11 her -- oops -- her preoperative from 07-25-2022. Again, we see the facet  
12 blocks, then we see the transforaminal epidural steroid injection. And  
13 then it appears that Ms. Ledesma is getting another injection -- type  
14 of injection. This one is a lumbar medial branch block. Can you explain  
15 how that differs from the prior injections?

16 A The -- the medial branch block is -- it -- it's a variation  
17 of the facet injection. They're very similar. Back -- back in the day,  
18 they thought you needed to do a -- an injection inside the joint, but  
19 those joints are very difficult to get in. It -- it's -- it's dubious  
20 if you -- if you're -- if you're ever in them on -- on an X-ray. So the  
21 medial branch is the nerve that innervates that joint.

22 So studies were done and they figure out that if you block  
23 the nerve or you put the needle in the joint, the results were fairly  
24 the same. So the technique kind of changed a little bit. And so in my  
25 opinion, the medial branch block and the facet joint are essentially the





1 same -- the same procedure, just -- just different nomenclature.

2 And -- and you -- one may argue one goes the medicine more in  
3 the joint, one go more in the nerve. But if you look on, like Blue  
4 Cross, Aetna, Medicare, the CPT code, that's the code that you use to  
5 get reimbursed for -- for procedures, the facet injection and the medial  
6 branch block, they -- they have the same CPT code and they pay the same.

7 So for the great payer, the -- the big payers of this country,  
8 the government, they're -- they're considered the same procedure and  
9 pays the same and have -- have the same code.

10 Q Okay. Then going -- going back to Alysson's records. Now  
11 we're up to August 16, 2022. Again, we see the numerous injections that  
12 we've talked about. And this time, we scroll down, we see that she's  
13 recommended for a medial branch radiofrequency ablation. Can you help  
14 us understand what that procedure is?

15 A So -- so that is the next step. You know, if you -- you --  
16 you -- you do the epidural. You -- you do the MBB/facet injection.  
17 There -- there's two types of facet injection. One, what's called a  
18 diagnostic. One is a therapeutic.

19 The diagnostic is done only with lidocaine, just -- so you  
20 just numb it up to see which facets are hurting. And then if -- if  
21 that's the case, you find which ones they are, because the pain goes  
22 away temporarily. Then you go back and you do the rhizotomy or RFA,  
23 radiofrequency ablation or RFTC, radiofrequency thermal coagulation.  
24 You -- you'll find these terms interchangeable. They're all the same.

25 Basically now you're going there more definitively, and



1 you're putting a little probe and you're burning the nerve that  
2 innervates the facet joint. And that is -- you can call it nerve  
3 ablation, facet ablation, facet thermal coagulation, radiofrequency  
4 ablation, rhizotomy. It's all the same. So it's a -- you're basically  
5 burning the nerves that are hurting in the facet.

6 What will happen in about the -- the space of time of a year,  
7 maybe nine months to a year, your body will form new nerves to that.  
8 They're very terminal. So it's not that you're going to be incensed  
9 there forever. Hopefully by when -- with this time that you're not  
10 feeling pain, you're able to do therapy. Your -- your disc is able to  
11 regenerate. You're able to -- to get back in shape. You're able to get  
12 your posture right. And hopefully, when the nerves return, the pain  
13 doesn't return with it. It may return, it may not.

14 But that's the -- that's the goal of this treatment. The --  
15 the burning of the nerves, we call it, in a more layman term.

16 PHILIP MORGAN: All right. And just to help the jury  
17 understand, mark this as Exhibit 10.

18 (EXHIBIT 10 MARKED FOR IDENTIFICATION)

19 BY PHILIP MORGAN:

20 Q This is a picture of a -- of a -- of an RFA. And is -- is  
21 the burning done through the sticking of an electrode into the nerve and  
22 the spine?

23 A It can -- there's different ways you can do it. You can do  
24 that through a needle. And then you put the electrode through the needle  
25 and burn it. You can then, in an open fashion, if you want to burn a



1 broader, bigger area, you can do a small incision then -- and then you  
2 put your probe there with direct visualization under a microscope or  
3 endoscope. And then -- and then you burn the nerve that way. Fairly  
4 the same. The open one is stronger. You burn a bigger area. But  
5 clearly, the other one is less invasive and -- and -- and most of the  
6 times it works very well for its purpose. So that should be -- should  
7 be enough.

8 Q And -- and so the radiofrequency ablations bring us through  
9 her treatment in September of 2022. And just have a couple questions.  
10 Based on your training, experience, and what you know of Alysson's  
11 condition, is it your opinion that, within a reasonable degree of medical  
12 probability, that the medical treatment Alysson received, including the  
13 facet joint injections, medial branch block, and radiofrequency  
14 ablations were medically necessary?

15 A Yes.

16 Q Okay. Based on your training and experience, is it your  
17 opinion that, within a reasonable degree of medical probability, that  
18 the medical treatment Alysson received was in -- through September 22,  
19 2022, was needed because of the crash on April 7th, 2022?

20 A Yes.

21 Q Based on your training, experience, and what you know of  
22 Alysson's condition, is it your opinion that, within a reasonable degree  
23 of medical probability, that Alysson's injuries were caused by the crash  
24 on April 7, 2022?

25 A Yes.



1 Q Okay. And you testified a moment ago that ablations can --  
2 tend to last nine months to a year. Did I understand that correctly?

3 A That is correct.

4 Q And so if we look back actually at Alysson's treatment summary  
5 here, it's about a year, and she goes back to a Dr. Lee (phonetic) with  
6 Allied Medical Centers for reporting -- reporting the pain's returned.  
7 And -- and is it -- is that to be expected from the procedures that  
8 she's had?

9 A I -- I -- I mean, it -- it can. I -- I -- I wish it had gone  
10 the other way. I -- I wish she wasn't having recurrence of the pain,  
11 but -- and that it can -- it can definitely go that way. But some cases,  
12 as her case, you know all these things and about a year later, the pain  
13 returns. And -- and that's unfortunate. And so, it -- it doesn't --  
14 doesn't surprise me. We see this all the time, and these injuries can  
15 clearly come back. And then you have to -- you have to figure out what  
16 you're going to do next.

17 Q And then Dr. Lee ordered another MRI, and he referred Alysson  
18 to a neurosurgeon. Are you that neurosurgeon?

19 A I'm not -- I'm not aware. She referred to -- to me, correct?

20 Q Correct.

21 A I'm an orthopedic spine surgeon, but -- but yeah, we do the  
22 same as neurosurgeon, but just to be correct on the affirmation.

23 Q I -- I appreciate that. So Dr. Lee refers Alysson out for  
24 further treatment, and then Alysson comes and sees you first time on  
25 September 14th, 2023?



1 A That's correct.

2 Q Okay. Before we dive into Alysson's treatment, do you have  
3 to determine whether a patient is being truthful when assessing them?

4 A Yeah, of course.

5 Q How do you determine whether a patient's being truthful about  
6 their pain while you're assessing them?

7 A I -- I think that nobody comes to a spine surgeon telling  
8 they're hurting if they're not. You know, just -- it would be -- and  
9 then agreeing to go over all these invasive procedures if -- if they  
10 don't need it, I think it's -- you would -- you would -- you -- you  
11 would need to be, you know, doubting them from a psychiatric standpoint,  
12 which is extremely rare to see. I -- I probably -- I -- I don't think  
13 in a 20-some year career I've had -- I've -- I've had a single person  
14 that I doubted that can -- comes to -- to -- to, you know, telling me  
15 that they want things to be treated that they don't need. I -- I -- I  
16 just haven't encountered.

17 Q So the -- the fact that -- if I understand your -- your answer  
18 correctly, is the fact that Alysson underwent consistent treatment from  
19 the crash, including various invasive injections, and she returns to a  
20 spine surgeon, you know, about 18 months after the crash, is that a  
21 strong indication that the pain she's feeling is real?

22 A Yeah, I believe it is. I have no -- I have no reason to --  
23 to think it's not.

24 Q Is putting your hands on the patient an important -- important  
25 part of the process in determining whether they're faking their symptoms



1 of pain?

2 A It -- it's important to examine them, I would say so.

3 Q Okay. And I think you answered this, but based on your  
4 experience, any reason to believe that Alysson was faking her complaints  
5 of pain?

6 A I don't think she was.

7 Q Okay. And would the defense's paid testifier, who neither  
8 talked to nor put his hands on Alysson, would he have the same opportunity  
9 to determine Alysson's truthfulness for her complaints of pain as you  
10 did, her treating physician?

11 A I think once you're a treating physician and you're able to  
12 see the -- the patient in person, you -- you have an advantage to have  
13 a real feel of the situation than if you're only examining records.

14 PHILIP MORGAN: I'm going to mark as Exhibit 11, your records.

15 (EXHIBIT 11 MARKED FOR IDENTIFICATION)

16 BY PHILIP MORGAN:

17 Q And -- and this is the clinical note from your first visit --  
18 visit with Alysson on September 14th; is that -- is that correct?

19 A Correct.

20 Q And we scroll down and you -- you did a physical examination  
21 of her. Can you -- can you help us understand what you saw in terms of  
22 positive facet loading test and radiating pain? Can you help us  
23 understand what the physical examination revealed?

24 A Yeah. So it was basically you test the range of motion of  
25 the joints, the range of motion of your neck and back, the -- the -- the



1 strength, the sensation in the arms and the reflexes, right? So -- so  
2 basically, I believe her strength and her sensation were fine. Her  
3 reflexes were fine. And she had, as I moved her neck and as I pressed  
4 her facet joints, most of her pain was from C4 to C7 and L4-5 in the --  
5 in the bottom. There was some radiation to the buttocks, both her  
6 thighs, a little bit to her arms. But the main thing was her pain. And  
7 the -- the -- the pain in the neck and in the back, we call the axial  
8 pain, the pain that comes from discs, from facets. So that's what I  
9 determined by examining her and -- and hearing her story.

10 Q And just so the jury understands to orient us -- orient  
11 ourselves, we're nearly a year and a half after this crash, and Alysson's  
12 still reporting pain in her neck and back?

13 A Correct.

14 Q Okay. Look at -- looking back at your notes, you do look at  
15 the imaging studies and -- and we have -- we have looked at those earlier;  
16 is that correct?

17 A Correct.

18 Q Shows herniated discs at C4, C5. It shows a herniated disc  
19 at L4, L5, correct?

20 A Correct.

21 Q Okay. And then the assessment section, you know, it's  
22 cervical pain, lumbar spine pain, radiculopathy of the cervical and  
23 lumbar spine, muscle spasms of the cervical and lumbar spine, and facet  
24 pain of the cervical and lumbar spine. Is it fair to say that, in this  
25 section, you've identified the injuries that Alysson is suffering from?

1 A Correct.

2 Q And again, based on your education and experience, can you  
3 say, within a reasonable degree of medical probability, that these  
4 injuries were caused by the crash on April 7th, 2022?

5 A I believe they were.

6 Q Alysson was just 21 at the time of the crash. And now she's  
7 23 when she's visit -- visiting you. Is this young to be suffering from  
8 chronic neck and back pain?

9 A It is.

10 Q All right. Are you aware of any other events in her life  
11 other than the crash that could account for this chronic pain?

12 A I'm not aware.

13 Q Is -- is -- is it important in your diagnostic process in  
14 informing your opinion that the crash caused injuries, the fact that  
15 Alysson had no neck or back pain before the crash and at such a young  
16 age is showing herniated discs and experiencing neck and back pain that's  
17 unresolved for 18 months?

18 A Yeah, of course, very important.

19 Q Why is that important?

20 A Because if -- if she was a, you know, a person that before  
21 the accident was already going to a doctor, getting a lot of shots for  
22 pain and then doing therapy, you know, I would say -- and -- and -- and  
23 that -- that doesn't mean those people cannot get aggravated at the  
24 accident. If they -- they have all that, and they -- they -- if you --  
25 if you see a -- a change in pattern of the need of that, that's how I





1 go the most.

2 If you -- after -- after a -- a fact, you see a change in the  
3 pattern of the -- the care needed, to me that clearly either caused or --  
4 or exacerbated. If she is a young, 21-year-old girl that has never been  
5 to a doctor to treat her neck or back, had no back or neck pain, and  
6 after a trauma, she needs constant care and several invasive treatments,  
7 to me that -- and -- and MRIs showing the injuries that correlate with  
8 her physical exam and -- and what she -- she tells you, to -- to me is  
9 very -- connects, you know, a lot to the -- the -- leaves me with no  
10 doubt that this is caused by that trauma.

11 Q And Alysson returned to you on December 21st, 2023. And you  
12 recommended that she get another medial branch block from C4 to C5. Is  
13 that the same medial branch block that we -- that she had earlier?

14 A Yeah, I -- I don't know. It wasn't me who did the one earlier.  
15 But based on the name, I -- I would assume it would be very similar.

16 Q Okay. And why are we trying that again?

17 A Well, she -- she's a 23-year-old girl. You know, I had the  
18 option to, you know, one, leave her alone. Don't do anything. Tell her  
19 to go take some Aleve and live her life. But she didn't want to do that  
20 because she was in a lot of pain. Second, I could try those shots again.  
21 Third, I could go and, you know, fuse her neck. Based on her age and --  
22 and how the injections helped her, at least temporarily in the -- in the  
23 first place, and she was extremely young, I decided to give injections  
24 another shot to try to, you know, hopefully I can get this girl better  
25 without having to operate on her and fusing her neck and back at age 23.



1 So I thought it was -- it was a valid attempt to -- to try it again.

2 PHILIP MORGAN: I'm going to mark as Exhibit -- I'm marking  
3 as Exhibit 12, you made some recommendations for potential future care  
4 for Alysson; is that right?

5 (EXHIBIT 12 MARKED FOR IDENTIFICATION)

6 WITNESS: Yes.

7 BY PHILIP MORGAN:

8 Q I'm going to share that screen with you. And -- and you  
9 state -- is this your signature on the bottom?

10 A Yes.

11 Q Okay. And this was back in -- in March of -- of '24, correct?

12 A Correct.

13 Q And you state, concerning Alysson Ledesma's future medical  
14 care needs as related to her injuries sustained on April 7th, 2022, you  
15 recommend the following from a more probable than not standpoint within  
16 a reasonable degree of medical certainty. You -- let's just kind of  
17 take it bullet point by bullet point.

18 As we discussed earlier, the injuries you diagnosed her with  
19 are cervical, lumbar herniated discs, facet pain, and radiculopathy,  
20 correct?

21 A Correct.

22 Q And then you recommend more probably than not that she's going  
23 to need to go -- undergo three RFA procedures. And what are those again?

24 A The RFA is the burning of the nerves.

25 Q And then you recommend that she's going to need to go --



1 undergo medial -- MMBs. Is that medial branch blocks?

2 A Correct.

3 Q And having those then followed by RFAs in her neck, correct?

4 A That's right.

5 Q Okay. Assuming nothing significant has changed in Alysson's  
6 medical history since you made these recommendations in March of 2024,  
7 is it still your opinion, within a reasonable degree of medical  
8 certainty, that this treatment will be needed in the future?

9 A I believe so. She's still hurting. Yes.

10 Q And based on a reasonable degree of medical certainty, is it  
11 your opinion that this future care is needed because of the injuries  
12 Alysson suffered as a result of the crash on April 7th, 2022?

13 A That is correct.

14 Q And if -- if -- if Alysson gets the -- the treatment that's  
15 recommended, is it possible that she, even after that treatment, could  
16 still suffer pain in the future?

17 A It's possible, yes.

18 Q Can you say within a reasonable degree of medical probability,  
19 and that's not a certainty, but it's just a reasonable degree of medical  
20 probability that Alysson, because of this crash, is going to suffer some  
21 neck and back pain for the rest of her life?

22 A That's a -- that's a probability.

23 Q Okay. And why -- why do you say that?

24 A Just based on what we've seen so far. It's a -- it's a girl  
25 that had no pain before and, you know, almost a two-year history of --

1 of pain in the neck and back, that -- that gets better temporarily with  
2 these procedures and -- and it -- it returns. So it's kind of a, you  
3 know, it's showing itself to us how it -- how it's going to go.

4 Q And as -- as we noted, Ms. Ledesma was young when the crash  
5 happened. I -- I believe she was just 21 and now she's -- she's 23 when  
6 she last saw you. As she ages, will -- is it your opinion, within a  
7 reasonable degree of medical probability, that as she ages, these  
8 injuries will get worse?

9 A Oh, it will, for sure. Even -- even people with no back or  
10 no neck pain at age 20, as we age, we have, you know, higher chances of  
11 starting to have back and neck pain. When you -- when you come out from  
12 your 20s with discs that are not 100 percent there, the -- the chances  
13 of having problems in old age are -- are much higher than the general  
14 population. No doubt.

15 Q So is it your opinion that she's going to suffer a -- a --  
16 a -- a good degree of future pain and suffering as a result of the injury  
17 she sustained in April 7th, 2022?

18 A It is.

19 Q Okay. Doctor, we've been going for about an hour. I can  
20 take a break now. I actually don't have that much more to finish up.  
21 The Defense Counsel may have some questions. Do you want -- do you want  
22 a break, or do you want me to just keep going?

23 A Let's do a break between you and Defense.

24 Q Okay. Fair enough. Okay.

25 A If that's okay with you.



1 Q It's good by -- that's good by me. Essay, he says he's still  
2 good to go, so okay. Just thought I'd ask.

3 A Okay.

4 PHILIP MORGAN: Actually, you know what, I'm going to -- I  
5 need to use the restroom. Can we take -- can we take five?

6 ESSAY EDEN: Yeah, I need to use the restroom, too. Yeah.

7 NOTARY: The time is 5:57 p.m. We are off the record.

8 (OFF THE RECORD)

9 NOTARY: The -- the time is 6:05 p.m. We are on the record.

10 BY PHILIP MORGAN:

11 Q Doctor, is it your opinion, within reasonable degree of  
12 medical probability, that the injuries that Alysson has suffered from  
13 this crash are permanent in nature?

14 A Yes.

15 Q And in fact, we -- we looked at her MRIs and she has a -- a  
16 fissure in her -- in her disc that has not healed; is that correct?

17 A That is true.

18 Q And -- and she had herniated discs in the imaging in May of  
19 2022 and -- and still has herniated discs since September of 2023,  
20 correct?

21 A That's true.

22 Q None of -- none of those issues have resolved since the crash,  
23 right?

24 A They have not resolved yet.

25 Q With a patient like Alysson, the type of pain she's

1 experiencing, would -- is it possible that the pain could differ day-  
2 to-day?

3 A It's possible.

4 Q So if -- if she had a good -- she can have a good day or a  
5 bad day?

6 A Yes.

7 Q Is that common in -- in -- with patients with this type of  
8 pain?

9 A That is the most common to see.

10 Q So if in some medical records, you know, through two years of  
11 treatment, she reports a lower pain or that she's having a -- a -- a --  
12 a -- a good day, that doesn't mean that she's healed and -- and is pain-  
13 free and any pain thereafter is a result of something else; is that  
14 correct?

15 A That is correct.

16 Q Okay. Through your education and -- and experience with  
17 treating patients with pain, have you learned how the type of injury  
18 suffered by Alysson can impair a person's ability to engage in tasks of  
19 daily living?

20 A They can. Of course.

21 Q Can you describe some of the things you've seen in your  
22 patients through your experience?

23 A I've seen, you know, several different and different ways.  
24 There's people who cannot continue their jobs in construction, in  
25 anything that's physical. There's people that have pain simply working



1 in a -- in an office sitting for prolonged periods of time. There's  
2 people who cannot, you know, carry their kids. They -- they cannot go  
3 on long hikes. They cannot participate in sports they used to do.  
4 Several -- several limitations.

5 Q We've discussed Alysson's treatment, and you got to know  
6 Alysson. Within a reasonable degree of medical probability, did the  
7 injuries you were treating Alysson for impact her ability to engage in  
8 the tasks of daily living?

9 A I -- I don't have a detail information what she can or she  
10 cannot do, but I believe so, because she -- she's a young girl that  
11 continues to seek medical treatment to try to get better. So clearly  
12 she -- she's not happy how the way she is.

13 Q Within a reasonable degree of medical probability, did  
14 Alysson's injuries result in a substantial loss or diminution in her  
15 ability to engage in tasks or activities for her own benefit or enjoyment  
16 beyond just suffering pain?

17 A I believe so.

18 Q Within a reasonable degree of medical probability, will  
19 Alysson's injuries continue to result in a substantial loss or diminution  
20 in her ability to engage in tasks or activities for her own benefit  
21 beyond pain into the future?

22 A I think so.

23 Q In your opinion, within a reasonable degree of medical  
24 probability, was Alysson injured in the crash on April 7th, 2022?

25 A Yes.



1 Q Is this opinion based on your actual physical examination of  
2 her?

3 A Yes.

4 Q Did the imaging that we looked at support your diagnosis and  
5 the symptoms that Alysson was presenting to you with?

6 A Yes.

7 Q To your knowledge, Alysson had no prior neck or back injuries?

8 A That's correct.

9 Q Is the fact that Alysson had no neck or back pain prior to  
10 the crash and has been experiencing neck and back pain ever since, does  
11 that support your opinion that, within a reasonable degree of medical  
12 probability, she was injured in this crash?

13 A Yes.

14 Q Do you disagree with Defendant's paid testifier that Alysson,  
15 at most, suffered a mere sprain or strain?

16 A I disagree.

17 Q Okay. And why do you disagree with that?

18 A Usually simple strain and sprains, they -- they resolve in,  
19 you know, six weeks to -- to eight weeks. Pain goes away, and it's not  
20 an issue. They rarely require several injections and nerve burnings.  
21 And when you get an MRI, you do not see herniated discs when it's a  
22 simple sprain or strain. If there's a herniated disc, then it's a  
23 herniated disc.

24 Q So is the fact that we have a herniated disc, along with pain  
25 in the area of the herniated disc, coupled with the fact that she didn't





1 experience neck or back pain before the crash, is that a strong  
2 indication that the injuries she suffered in this crash go beyond a mere  
3 sprain or strain?

4 A Yeah, it's -- it's -- it's visible on -- on -- you can see on  
5 image and -- yeah.

6 Q Defendant's paid testifier, who did not treat Alysson, states  
7 that she should have healed in eight to 12 weeks and that interventional  
8 injections do not have a role in her care.

9 Do you disagree with that statement?

10 A Yes.

11 Q Why?

12 A Well, I -- I think. If -- if -- if -- if it was a simple  
13 sprain and strain, she would've healed in eight weeks. I -- I -- I  
14 would agree with that. And -- and the simple fact that this has been  
15 going on for almost two years and she's still in pain, that is -- that  
16 is another proof that, in retrospect, even that's the best proof in my  
17 opinion, that more happened to her than just a sprain and strain. So  
18 she -- she has more issues than that. That's why she's still in pain.

19 Q Your goal was to treat Alysson's injuries related to pain and  
20 help her, correct?

21 A Correct.

22 Q And did the injections provide some relief?

23 A I believe they did.

24 Q And your goal is to help Alysson get better in the future,  
25 and you believe that she might benefit from further workup, including



1 injections in the future, right?

2 A I think she'll -- she will. Yeah.

3 Q You take your ethical obligations to your client seriously?

4 A Of course.

5 Q Are you recommending these future injections because, in your  
6 opinion and within a reasonable degree of medical probability, this  
7 treatment is medically necessary?

8 A Yeah, of course.

9 Q Alysson, a 20-year-old with no history of neck or back pain,  
10 she's in a crash on April 7th, 2022, and there are no other major events  
11 that would cause pain, and ever since the crash, she's reporting neck  
12 and back pain. Is it fair to say that there are really only two  
13 explanations. One, either Alysson is faking or two, her pain and  
14 injuries are real, and they're the results of the injuries sustained in  
15 the crash?

16 A I -- I would say, yeah, those are two possibilities.

17 Q Is there a -- is there a third possibility we're not  
18 accounting for?

19 A Not that I am -- I'm aware of.

20 Q So to -- to maybe to say it a little bit more directly, is  
21 it -- is it fair to say that either Alysson is faking or that she  
22 sustained injuries as a result of this crash and needed the medical  
23 treatment she's received because of it?

24 ESSAY EDEN: Objection. Asked and answered.

25 WITNESS: Yeah, I think --



1 BY PHILIP MORGAN:

2 Q You can answer.

3 A -- those are two possibilities. Yeah.

4 Q Okay. Doctor, I'd like to briefly discuss your  
5 qualifications. Are you licensed to practice medicine in the state of  
6 Texas?

7 A I am.

8 Q Is your license in good standing?

9 A Yes.

10 Q Have you ever been licensed to practice in any other states?

11 A I have.

12 Q Which ones?

13 A Ohio, Illinois, Colorado, Wyoming, Kansas, Florida, and --  
14 and Texas.

15 Q Where did you go to medical school?

16 A I -- I'm from Brazil originally, so that's where I went to  
17 medical school.

18 Q Did you say Brazil?

19 A Yes.

20 Q Okay. After medical school, doctors usually complete a  
21 residency, right?

22 A That's right.

23 Q What is a residency?

24 A A resident -- so medical school, you finish medical school,  
25 you -- you're a general doctor, right? And then residency you choose



1 the specialty that you want to be. My case is orthopedic surgery, which  
2 is, you know, treats bones and tendons and -- and things like that,  
3 fractures. And, you know, cardiology will treat the heart. You know,  
4 you got the eye doctor, you got the ENT doctor, so that's your specialty.  
5 So you -- you do several years of training in -- in that specialty that  
6 you want to do.

7 Q Did you complete a residency?

8 A I completed two residencies. I -- I did one in Brazil, where  
9 I -- where -- where I finished medical school, and I -- I did an  
10 orthopedic surgery residency in Brazil, Sao Paulo, Brazil, but I wanted  
11 to move here and I was applying for -- for the -- a spot. So I -- I  
12 finally matched to -- to -- to get a spot to -- to move here. So I had  
13 to repeat a whole five-year residency in University of Illinois in  
14 Chicago.

15 Then I got my degree of orthopedic surgeon in -- in Chicago  
16 in -- after five years. And then I decided to do a subspecialty, which  
17 was spine surgery. Then I -- I went to Cleveland Clinic in Cleveland,  
18 Ohio, and did a neurosurgery fellowship in spine surgery at the Cleveland  
19 Clinic. And then -- and then I finished my education after that.

20 Q How long have you practiced in the -- the specialty you just  
21 described?

22 A I -- I finished my fellowship 2011, so that is 13 years  
23 practicing on my own.

24 Q After -- other than the residency, have you completed any --  
25 any other training such as board certification?



1 A Yeah, I'm board -- I'm board-certified, yes.

2 Q Can you explain briefly what board certification means?

3 A So board certification is -- is -- it's a board of -- of your  
4 peers, that all -- they're all orthopedic surgeons, and you have to --  
5 it's a test you have to go and pass, and they analyze all your cases.  
6 So through the timeframe of two years, every case, every surgery that  
7 you do, you got to submit to this board, and they're going to analyze  
8 from everything from clinical notes to imaging you ordered, to the  
9 surgery you've done, your results, your complications. And they analyze  
10 very thoroughly if -- if it's within the standards of the American Board  
11 of Orthopedic Surgeons.

12 And after they analyze that for two years at all the surgeries  
13 you've done, you're called for a test, and you do this test. They go  
14 over, they pick 10 cases out of as many as you sent. And then you got  
15 to send all of them, you can't pick. So they pick 10 of them, and they  
16 go over each one of them and they analyze if you're -- if you're -- if  
17 you meet the standards of the Board of Orthopedics. And if -- if you  
18 do, you get a certification. It's valid for 10 years, then you got to  
19 redo it.

20 Q Yours is currently valid?

21 A Valid, yeah, I -- I -- I passed once and then I -- I retook  
22 the certification. So mine is valid now to 2037. That's what I needed.

23 Q Not -- not every orthopedic surgeon's board-certified; is  
24 that right?

25 A That is right. You're not -- you're not -- example, the state



1 will give you a license even if you're not board-certified. It's not --  
2 it's not mandatory to -- to be a doctor.

3 Q And -- and can you just tell us a little bit about what your  
4 practice currently is today?

5 A Well, I -- I do spine surgery only. So everything I do is  
6 related to spine. So I -- I -- I basically see adult spine, I'll see  
7 some children, but it's very rare. Mostly, I'd say most of my patients  
8 are either degenerative disease. People are just getting old, and the  
9 spine doesn't work as well and we've got to do some things. And -- and  
10 the other types of patients are, you know, trauma. People get hurt, so  
11 they -- they -- they need spine care a little earlier than -- than they  
12 would if they -- they were just getting old normally.

13 Q And do you have any hospital privileges in Houston?

14 A I do.

15 Q Where?

16 A I do -- I do have hospital privileges at -- oh, in quite a  
17 few. It's Royal Oak Hospital, Advanced Diagnostic Eastside Hospital,  
18 Eastside Hospital Houston, First Surgical Hospital, you know, two or  
19 three surgery centers. Then I got -- I got privileges in -- in the  
20 hospitals in Dallas and in -- in -- in San Antonio as well.

21 Q And -- and real quick, your -- you said your current practice  
22 is spine surgery, but does that include the total treatment of the spine,  
23 such as doing the injections and the more conservative care before spine  
24 surgery that we talked about earlier?

25 A Correct. Correct. I do -- I do from the -- from the



1 beginning -- as -- as you said, like, this lady came to me as a second  
2 opinion in the middle of her treatment, but sometimes we see patients  
3 that are, you know, they just got hurt last week or back pain started  
4 two weeks ago. So we go over the whole, you know, physical therapy or  
5 medication. I -- I do my own injections, you know, epidurals, medial  
6 branch blocks, facet blocks, the rhizotomies, and the -- and then I do  
7 the surgery, if needed.

8 PHILIP MORGAN: Okay. If you can give me -- if we can go off  
9 the record.

10 NOTARY: The time is 6:19 p.m. We are off the record.

11 (OFF THE RECORD)

12 NOTARY: The time is 6:19 p.m. We are on the record.

13 PHILIP MORGAN: Doctor, thank you for your time today. I  
14 will pass the witness.

15 WITNESS: All right. Thank you.

16 EXAMINATION

17 BY ESSAY EDEN:

18 Q Good evening, Doctor. I've got a few questions. Are you  
19 ready to keep rolling?

20 A Yeah, we can go. Good evening.

21 Q Good evening, Dr. Techy. My name is Essay Eden. I'm a lawyer  
22 for the defendants in Ms. Ledesma's lawsuits. Where are you right now?

23 A In Houston, Texas.

24 Q Good deal. Did I pronounce your name correctly? I think I  
25 may have because my godfather's last name is Techy, but is -- is that



1 the proper pronunciation?

2 A Is that right? Yeah, yeah, that's -- that's -- that's  
3 correct.

4 Q Good deal. Are you charging a fee for your professional time  
5 spent here this evening?

6 A Yes.

7 Q And who are you charging it to?

8 A I believe the -- the -- the patient's attorney.

9 Q Do you know the rate you're charging, sir?

10 A I -- I'm not sure because this is going through Allied  
11 Orthopedics, so I don't know how much they charge exactly. I -- I -- I  
12 couldn't tell you.

13 Q Did you get a chance to meet with Ms. Ledesma's lawyers before  
14 your deposition today?

15 A I -- I talked to him briefly on the phone before -- before  
16 the deposition.

17 Q You mentioned you have a medical license in the state of  
18 Texas; is that right?

19 A I do.

20 Q When did you receive it?

21 A 2021, I believe.

22 Q Prior to that, you had a Colorado license as well, true?

23 A That's true.

24 Q Those other states that you were mentioning earlier during  
25 Phil's cross of you, Ohio, Illinois, Kansas, and Florida, do you hold a





1 medical license in those states as well?

2 A I -- I had licenses, but I -- I -- I -- I -- I believe they're  
3 all lapsed at this point because we -- we were going to -- well, Illinois  
4 and Ohio is my training that I kept. And then as I -- I decided I wasn't  
5 going to go back, then I -- then I -- I -- I -- I stopped paying the --  
6 the dues. Colorado, it -- it may be still valid, but I'm -- I'm not  
7 sure. I'm -- I'm not planning on renewing it. In Florida and Kansas,  
8 we were going to open clinics in those states at some point in our  
9 careers, and -- and then -- but that -- that idea is no longer in -- in  
10 question. So we -- we -- I also let it lapse.

11 Q So today you're comfortable with testifying that your medical  
12 practice is exclusive to the state of Texas, correct?

13 A That is correct.

14 Q Do you have any ownership interest in any of the medical  
15 facilities or medical ventures in Colorado anymore?

16 A I don't.

17 Q You had a business called ClinTech; is that right?

18 A Yeah. Oh, but let me -- I -- I -- I -- I do own some shares  
19 in -- in -- in like -- like a senior nursing home type of thing in  
20 Colorado. Sorry, I forgot about that. Never -- never -- never got paid  
21 a dime out of it, so I don't really remember, but -- but I do have some  
22 shares in that.

23 Q But it's not like you were practicing orthopedic medicine,  
24 correct?

25 A Well, no, no. I just -- I just owned as a -- you know,



1 somebody came with an investment and it's -- it's -- it's related to  
2 healthcare. So I -- I -- you asked me, so I'm telling you.

3 Q Were you practicing out of Colorado with ClinTech?

4 A ClinTech -- ClinTech used to -- yeah, my -- my clinic was  
5 called ClinTech over there. Yep.

6 Q Is it still active?

7 A Yeah, I have a ClinTech in Texas now. Still my -- my own  
8 personal clinic.

9 Q Is that here in Houston?

10 A Yeah.

11 Q Where's it located?

12 A Westheimer Road.

13 Q Now, Westheimer stretches pretty far in Houston.

14 A Close -- close at -- at the Galleria Mall.

15 Q Thank you. What is America Garden Neurosciences?

16 A That's -- that's an LLC I own that it's -- it -- actually,  
17 ClinTech -- ClinTech doesn't really -- doesn't really -- there's not an  
18 LLC called ClinTech. So ClinTech does -- America Garden Neuroscience  
19 does business as ClinTech. The reason I did it because I -- I had an  
20 LLC already open as -- as American Garden Neuroscience, so I just kept  
21 it that way.

22 Q Understood. So it's your testimony that America Garden  
23 Neurosciences is an LLC doing business as ClinTech?

24 A That is correct.

25 Q Do you live in Houston?



1 A I do.

2 Q That's your domicile state, sir?

3 A I live in -- I mean, Woodlands, but -- but, you know.

4 Q For the purposes of this deposition, I'll allow it. I'll  
5 allow it. You still root for the Houston Astros, right?

6 A Still, yes.

7 Q There you go. Then you're a Houstonian, brother. Do you  
8 practice here as a physician in Houston, or do you practice out in the  
9 Woodlands?

10 A No, in Houston. My -- my office is -- is by the Galleria.

11 Q Is part of your business, in fact, treating patients that are  
12 in personal injury litigation?

13 A That is part of my business, yes.

14 Q In fact, most of your patients are then involved in personal  
15 injury litigation, true or untrue?

16 A I -- I -- I couldn't tell you if it's most, but I would say  
17 a -- a -- there's a -- there's a large part of them.

18 Q What all medical ventures or businesses do you have, sir?

19 A I have -- I have a couple other LLCs and -- but they're --  
20 they're -- the only one that actually goes and -- and -- and there's  
21 work going is -- is I would say America Garden Neurosciences. You may  
22 find a couple other registered, but they're -- they're pretty dormant.  
23 They're -- they're -- they don't do much.

24 Q Any other cities that you see plaintiffs in litigation that  
25 are your patients other than in Houston?



1 A We do -- we do have a branch of our office in Harlingen, and  
2 we're considering opening -- opening a clinic in -- in -- in -- we're  
3 just opening a clinic in -- in Midland, Texas.

4 Q Do you market or advertise?

5 A We -- we -- yeah, we have a website mostly. We don't -- we  
6 don't market much.

7 Q Now, for Ms. Ledesma, you treated her out of Allied  
8 Orthopedics and Eastside Surgery Center, true or untrue?

9 A That's correct.

10 Q Do you have an independent contractor agreement where you get  
11 paid a certain rate depending on what procedure is performed with Allied  
12 Orthopedics or Eastside Surgery Center?

13 A With Allied Orthopedics, I get -- I -- I get paid, you know,  
14 I -- I -- I have a contract. I provide services for them, but not in  
15 the -- Eastside Surgery Center is just a surgery center where we -- we  
16 took the patient. I -- I don't have a contract with them.

17 Q So then it's a yes to my question as it relates with Allied  
18 but a no as it relates to Eastside Surgery Center, true or untrue?

19 A That's correct.

20 Q Now, there are, for the jury's benefit, medical procedures  
21 where a charge amount can be generated by something called a CPT code;  
22 is that right?

23 A What was your question again?

24 Q There are medical procedures where a charged amount can be  
25 generated by something called a CPT code, correct?



1 A That is correct.

2 Q In fact, that is something that the AMA, the American Medical  
3 Association, has generated. They've generated a specific number via a  
4 code to identify to a particular medical intervention; is that right?

5 A I'm not sure if it -- the AMA who created it, but I'm -- I'm  
6 aware that there's a CPT code. Yes.

7 Q And you are aware that it is regulated, maybe not aware that  
8 it's regulated by the American Medical Association, but that it -- there  
9 are guidelines, protocols, and -- and -- and regulations as to a specific  
10 number via a code to identify a particular medical intervention, true?

11 A Correct.

12 Q And you have a contract to provide orthopedic services to  
13 patients at Allied Orthopedics and Eastside Surgery Center, right?

14 A I just have a contract with Allied. I have privileges at  
15 Eastside Surgery Center, but I -- I -- I don't have a contract with  
16 them.

17 Q Good deal. I think I understand. So you have a contract  
18 with Allied Orthopedics, and whenever you need to perform a medical  
19 intervention, let's say a rhizotomy or a radiofrequency ablation, you  
20 will perform that procedure at the facility called Eastside Surgery  
21 Center, correct?

22 A That's correct.

23 Q And when you say, privileges, what you mean is you're allowed  
24 to use their facility in order to perform that medical intervention or  
25 procedure, true or untrue?



1 A That's right.

2 Q And if at any point my questions are confusing, can you please  
3 let me know?

4 A I will.

5 Q And if you don't let me know and you answer it anyway, I'm  
6 going to assume that you understood my question; is that fair?

7 A That's fair.

8 Q And I promise you, sir, I'm not here to get you any got you  
9 moments. So -- and I'm sure your attorney will advise you if you don't  
10 know the answer to my question, you can just say, I don't know. I don't  
11 want you to be guessing or nothing, okay?

12 PHILIP MORGAN: Object -- objection. Form. I'm -- I'm not  
13 his attorney.

14 BY ESSAY EDEN:

15 Q So you have a contract to provide orthopedic services to  
16 patients at Allied Orthopedics, correct?

17 A I do.

18 Q Then you are paid an amount as an independent contractor for  
19 rendering medical services on their behalf, true or untrue?

20 A That's true.

21 Q Is the payment to you made based on what procedure is done?

22 A It is.

23 Q Do you have any personal knowledge what Allied charges for a  
24 particular medical intervention?

25 A I -- I -- I never really looked into their -- into their



1 bills, I'll be honest with you.

2 Q Have you been paid for your medical treatment of Ms. Ledesma?

3 A Yeah. They pay me every, you know, a -- after the service is  
4 provided, shortly after they pay for it. So I -- I believe I have.

5 Q Do you know if Allied Orthopedics or Eastside Surgery Center  
6 have been paid?

7 A I don't know if they have or not.

8 Q So if there's any type of deferred medical care or deferred  
9 medical payments through any potential agreements, you would not know  
10 anything about that, true or untrue?

11 A I wouldn't -- I would not know.

12 Q Do you know what a charge master is, sir?

13 A Not really. I mean, I -- I may know, but I'm -- I'm not  
14 really sure what you're -- what you're referring to.

15 Q Good deal. So you -- it's safe to assume then that you do  
16 not maintain a charge master?

17 A I -- I don't -- I don't know what it is.

18 Q Now. If I were to discuss Allied Orthopedics or Eastside  
19 Surgery Center in particular with what I know they charged versus what  
20 they may have told us, you're not going to give any comment on that, I  
21 bet, true or untrue?

22 A I don't -- I don't know much about it.

23 Q Do you know how Ms. Ledesma found her way to Allied  
24 Orthopedics?

25 A I don't.



1 Q Now, how do you allocate your time in any given day during  
2 the work week?

3 A Well, I work at my office, and I work at a couple different  
4 places in -- during my week.

5 Q Did you review the MRI imaging that her attorney reviewed  
6 with us earlier in your deposition and the imaging themselves or just  
7 the reports or both?

8 A Both.

9 Q Now, Doctor, what I'd like to do because this is a personal  
10 injury kind of case is go over orthopedic medicine with you a little  
11 bit. I'm ignorant about the medicine. I don't really know how it works.  
12 I'm sure the jury would like to hear from your perspective, your  
13 experience, and your qualification exactly what it is and how one  
14 typically gets treated. So is it okay if I ask you some questions about  
15 it to provide us some context?

16 A Of course.

17 Q Okay. Now, I'll admit it, I got a pretty bad back. My  
18 question is, if I wanted to see you or any other type of orthopedic  
19 surgeon, can I just set an appointment, or do I need a referral from  
20 maybe an emergency room physician or my primary care physician?

21 A Well, it -- it depends on the insurance you have. Some  
22 insurance allow you to go see the specialist directly. Some insurance  
23 require you go see your -- your PCP first. So that will -- that would  
24 depend on that.

25 Q Now, let's say it's the former and not the latter. Let's say





1 I got that health insurance that allows me to see the specialist first,  
2 and I do what's called an initial consultation. Now, that's something  
3 that I could choose to do or elect to do if my health insurance allows  
4 me, true or untrue?

5 A That's true.

6 Q If I come to you and I present with neck and back pain, can  
7 you immediately tell me what my plan of care or my treatment plan is,  
8 or do you need some additional information?

9 A I -- I need some additional information.

10 Q Now, what type of additional information would you need?

11 A Well, I'll probably need some, you know, imaging studies to  
12 see what's going on with you.

13 Q You would need that at the initial consultation in order to  
14 come up with the plan of care?

15 A Well, it all depends. You know, I'm -- I'm a specialist, so  
16 I don't -- I don't usually see the people, you know, a day out. I -- I  
17 believe that it all depends. This is more like an ER type of doctor,  
18 maybe you're arguing that not everybody needs an MRI the first time they  
19 come.

20 If -- if you believe that, you know, it may be just a sprain  
21 or strain, that the symptoms are not too bad, you can kind of just give  
22 it some medicine and tell them to come back in, you know, a week or two,  
23 see how they're doing. I think that's reasonable. If you're concerned  
24 that anything else could be a problem, such as, you know, herniated  
25 discs, neurological compromise, pain radiating, or you're concerned



1 about anything else, instability of the neck and back, there could be a  
2 fracture, then I think imaging is -- imaging is warranted to be done  
3 at -- at -- at that time. So I think it varies case by case.

4 Q Good deal. Good deal. And I want to let you know, sir, I'm  
5 not here to argue with you. I'm kind of like in a fact-finding mission  
6 so I could learn a little bit more. You understand that?

7 A I do.

8 Q Good deal. Now, you mentioned that sometimes you will request  
9 an MRI at that initial consultation, but that you don't really handle  
10 it that early in the stage. And I'm left a little bit confused because  
11 earlier in your deposition you testified with Mr. Morgan that, well,  
12 you're not just the last stop, you got to handle the patient throughout  
13 the life of orthopedic treatment. Was I wrong in that understanding?  
14 Was there something I may have gotten confused with?

15 A Well, I think -- I think you're not -- and I -- I -- I did  
16 say that. What I'm telling you that I would say the vast majority of  
17 times, the people get to me after they've seen their primary care doctors  
18 or they've seen an ER doctor. So rarely I -- I do order the MRI and  
19 that -- that doesn't mean that I don't. If the patient comes to me the  
20 first visit and I believe he needs an MRI, I will order the MRI. So  
21 I -- I will see him the whole spectrum. But most commonly, somebody has  
22 seen a little bit before they get to me.

23 Q Good deal. And I don't want to misstate your testimony. It's  
24 not that your testimony is you're unqualified to have that initial  
25 consultation. It's just that more often than not, they've already had

1 that initial consultation, true or untrue?

2 A That is true.

3 Q So you are qualified to sort of give us a framework or context  
4 in orthopedic medicine, especially as it occurs at the initial  
5 consultation level, true or untrue?

6 A Correct.

7 Q Good deal. Now, my question is: What is it that you need to  
8 see in order to, well, request for an MRI? Because you told me earlier,  
9 you're going to need more than just me saying I got neck and back pain.  
10 What's a little bit of that additional information?

11 A If -- if -- well, if -- if they have trauma, I'm -- I'm --  
12 I'm more inclined to get image, if there's any significant history of  
13 trauma. If the patient -- if there's radiculopathy symptoms, they have  
14 pain radiating to arms or legs. If there's any neurological compromise,  
15 you know, they have weakness, they have numbness, tingling. Yeah,  
16 those -- those would be, from a spine standpoint, I would -- I would  
17 order imaging on those people.

18 Q Good deal. Now, I'm going to ask you a little bit about the  
19 stuff that you just talked about a moment ago, okay?

20 A Okay.

21 Q All right. Now, you said radiculopathy. Now, I'm not a  
22 doctor. Could you explain what that is a little bit?

23 A Radiculopathy is when the pain radiates to the arms or -- or  
24 to the legs. If it -- if it's -- if it's a nerve compression in your  
25 neck, it will go to your arms. That means the nerve root is irritated.



1 Or in your legs, it will go -- in -- in your back, it will go to your  
2 legs.

3 Q So it's kind of like hitting my funny bone. I'm just feeling  
4 this, like radiating sensation from the source of the pain signal all  
5 the way down to the extremity?

6 A Yeah. Some -- some. Like, it doesn't need to go all the way  
7 down. It can be parts of it. But yeah, it's -- it -- it is not just  
8 the pain in the neck or the back itself. Radiates either to your  
9 shoulder, to your arm or all the way to your hand or -- or all the way  
10 to your foot or just -- just your buttock and -- and back of the thigh,  
11 could be that. So it's -- it's -- it -- it leaves the axial skeleton  
12 and go -- it's going to the extremities.

13 Q Now, you also said you're looking out for neurological  
14 compromise. Am I supposed to understand that as something separate and  
15 apart from radiculopathy that you're also kind of looking for to know,  
16 hey, this might -- this person might benefit from an MRI?

17 A Right.

18 Q And then you described what neurological compromise was,  
19 didn't you, Doctor? You described it as a numbness or a tingling.  
20 That's the symptom that you're talking about earlier when you said that's  
21 what you're looking for?

22 A Yeah. If -- if it's -- if it got sensory issue, it will be  
23 numbness or tingling or -- or you don't feel it, or you feel hyperesthesia  
24 we call it, you feel too much. Or it can be motor. Then you're --  
25 you're having weakness of -- of various degrees to -- to that extremity.



1 So it can be motor or sensory, depending on the nerve that's being hurt.

2 Q So as long as I'm having a motor deficit when I present to  
3 you in our initial consultation or I'm having a sensory deprivation,  
4 that provides you with suspicion that there might be a neurological  
5 condition, which you're telling me is a prerequisite for you to request  
6 an MRI, true or untrue?

7 PHILIP MORGAN: Objection. Form. Misstates his testimony.  
8 BY ESSAY EDEN:

9 Q You can answer the question, sir.

10 A I would -- I would say those are -- those are two symptoms,  
11 yeah, I would request an MRI for. However, they're not -- they're not  
12 the -- there's other things too, that can -- I would look into to order  
13 an MRI.

14 Q What other things would you look for?

15 A It would be pain, the -- the amount of pain, very painful.  
16 If they were -- if they were involved in an accident, a trauma, there's  
17 significant trauma. If there's radiculopathy. If there's -- yeah, so  
18 I'd say history of trauma, pain, loss of sensation, loss of motor  
19 strength.

20 Q You'd agree with me that although practicing medicine is a  
21 science, there's a little bit of art form -- art form to it, true,  
22 Doctor?

23 A I agree. Yeah.

24 Q And then what I mean by that is, well, it's you treat folks  
25 by a case-by-case basis. You don't treat them all the same. You got



1 to exercise a little bit of artistic liberty with deciding what is it  
2 that you're looking for in order to determine a treatment plan, true?

3 A That's true.

4 Q Good deal. Now, if I presented to you, hypothetically, I'm  
5 not talking about Ms. Ledesma, and I came to you with my low back pain  
6 because I got it bad, Doctor, and I told you I've got radiculopathy, I  
7 was involved in a motor vehicle accident, would you feel like it would  
8 be medically appropriate at that juncture to refer me for an MRI?

9 PHILIP MORGAN: Object -- objection. Form. Incomplete  
10 hypothetical.

11 WITNESS: Yeah, if you're having severe back pain and --  
12 and -- and you're having radiculopathy, I think it would be reasonable  
13 to get an MRI for you.

14 BY ESSAY EDEN:

15 Q Are there any risks involved with getting an MRI?

16 A It's not much risk. There's -- there's -- I'd say the worst  
17 would be cost probably.

18 Q Now, Doctor, what if I came to you at the initial consultation  
19 with pain or symptoms of stiffness and soreness, would you still  
20 recommend that MRI?

21 A I'm sorry, say it again.

22 Q If I came to you at that initial consultation with back pain  
23 as stiffness and soreness, would you still recommend that MRI?

24 PHILIP MORGAN: Objection. Form.

25 WITNESS: If -- if you were involved into -- into a motor



1 vehicle accident, I probably would just from, you know, you may -- you  
2 may not get anything on the MRI, but if you miss it and that person has  
3 a torn ligament and, you know, or a fracture, I think it's a -- it's a  
4 big problem. So I -- I'm more inclined to order MRIs than not to order  
5 MRIs.

6 BY ESSAY EDEN:

7 Q Now, Doctor, you might not be able to tell by looking at me,  
8 but I played high school football at Bel Air High School.

9 A All right.

10 Q There wasn't an incident where I suffered an acute injury,  
11 but would your assessment change if I were not involved in a car accident,  
12 but you learned that I participated in a full contact sport like  
13 football?

14 A I'm sorry, what? Oh, like -- like if you're -- if you had a  
15 football -- if you were tackled by somebody or something?

16 Q Just a -- just a history of playing a full contact sport  
17 without any acute injury or incident occurring, would you still recommend  
18 the MRI?

19 A Oh, if you were in pain and with radiculopathy and things  
20 like that?

21 Q Yes. Yes, Doctor.

22 A Oh, I would for sure.

23 ESSAY EDEN: Can we go off the record really quickly?

24 PHILIP MORGAN: Sure.

25 NOTARY: The time is 6:44 p.m. We are off the record.



(OFF THE RECORD)

NOTARY: The time is 6:57 p.m. We're on the record.

BY ESSAY EDEN:

Q Good deal. Doctor, we're back on the record. Thank you for allowing me to have that five minutes to deal with the fire alarm that's being tested right now.

Do you still have some energy to keep going, Doctor?

A Got energy to go. Let's go.

Q Good deal. Good deal. Now, Doctor, I read your CV and you wrote some papers on biokinematics and some effects post-surgery that touch on kinematics and body movement; is that right?

A Which -- which article are your -- biokinematics of post-surgery? I'm not -- I'm not sure which -- to which one you're -- you're -- you're alluding to.

Q Well, I'm just alluding to your CV that mentions it. Are you -- so are you giving any opinions on this case about biokinematics?

A I mean, I -- I have an understanding of biokinematics, but by no means I am a, you know, accident guy to see how much the acceleration was, the brakes, or any of that. So I'm not in -- if that -- in that regard, I will not comment anything.

Q And when you say you won't comment on anything, what you mean is you won't prepare or render an opinion on it as it relates to Ms. Lledesma's lawsuit, true or untrue?

A Correct.

Q Now, I want to go over some of the treatment you provided for



1 her, but not about her. Do -- do you understand what I'm saying?

2 A Not exactly.

3 Q What I want to do is I want to talk to you about the injections  
4 you provided her. I want to talk about the differences between those  
5 injections and when they might be medically appropriate or not  
6 appropriate to be provided. Now do you understand, Doctor?

7 A I do.

8 Q Good deal. Good deal. Now, what is it that you're looking  
9 for once you get an MRI to determine whether or not a patient would  
10 benefit from an epidural steroid injection?

11 A Well, the MRI -- the MRI will show you the status of  
12 everything, you know? Will show you how the bone is, if -- if there's  
13 a fracture, if there's a disc, if there's herniation, is there -- is  
14 there nerve impingement? So gives you -- gives you many -- a lot of  
15 information of -- of what, you know, how you can help them.

16 Q And you would call that an objective impression, correct?

17 A That is -- the MRI is -- is objective, correct.

18 Q Would you still need a clinical impression from the patient  
19 in order to determine whether or not the treatment would be appropriate  
20 or necessary?

21 A I -- I would, yes.

22 Q And when we say clinical impressions, are we talking about  
23 the pain that they're suffering from and how they describe that pain?

24 A Correct. It's -- it's the history that they tell you  
25 what's -- what's wrong with them and then the physical exam. Those



1 are -- those are the -- the clinical visit, the -- those two things.

2 Q Because if I tell you, Doctor, I got a pain in my lower back,  
3 you would want me to describe that pain as either a soreness, a stiffness,  
4 a sharp pain, a shooting pain, a burning pain, or anything like that,  
5 true or untrue?

6 A It -- it -- it -- that is -- that is classical medicine.  
7 We -- throughout the years, what I've noticed is that people describe  
8 things differently from spasm to pain to burning to stabbing. In the  
9 end -- in the end of the day, doesn't -- doesn't really help me too  
10 much. The characteristic for -- for back pain from a herniated disc,  
11 it can be a -- a combination of all that, just one of them. That doesn't  
12 really point me one way or another the way they describe it.

13 Q And there are times where a patient may have objective  
14 impressions, meaning something positive on their MRIs, but no clinical  
15 impressions, meaning no symptoms being generated by those objective  
16 impressions, true or untrue?

17 A That is true.

18 Q In other words, someone can have disc herniations, but maybe  
19 those disc herniations don't generate any pain signals, true or untrue?

20 A That's true.

21 Q So just because someone has objective impressions and you see  
22 them on the MRI report, but then they don't have a clinical impression,  
23 meaning they're not suffering from any pain symptoms or no pain is being  
24 generated, would you then recommend an epidural steroid injection?

25 A I would not.



1 Q What's the ultimate goal behind receiving an epidural steroid  
2 injection?

3 A To get better from your symptoms.

4 Q You typically schedule or calendar a postoperative  
5 appointment with the patient after they received an epidural steroid  
6 injection, yes or no?

7 A Usually, yeah.

8 Q And what are you looking for in that postoperative  
9 appointment?

10 A To -- to see the result, how they're doing. You know, are  
11 they happy enough with it, or do they need more things done?

12 Q And when you say, to see the result, what do you mean? Do  
13 you mean how the pain has been alleviated or for how long the injection  
14 was effective for?

15 A Well, both. If the pain's still not back, then that's the  
16 best scenario you -- you -- you want. But if -- if the pain has returned,  
17 yeah, it's how long it lasted. It's a -- it's an important part of  
18 the -- the -- the question.

19 Q What happens if the pain returns, but then the pain returns  
20 after an expiration of two to three weeks?

21 A Well, then -- then you need to do -- then you got to ask the  
22 patient, you know, how is your pain? Are -- are you happy the way you  
23 are? Or if they're not happy the way they are, they want to -- they  
24 want to improve that pain, then -- then you need to do more things. And  
25 you go into other types of injections or, you know, you -- you analyze



1 what -- what's best at that point.

2 But if -- if -- if it lasted three days or it lasted three  
3 weeks and you saw them at a month after, you just kind of get an idea  
4 that if it lasted three days, it's probably going to be a more difficult  
5 process to control. But it doesn't really change much what you're --  
6 what you're doing. You just go to the next step.

7 Q Now, what do you mean by, more things? Let's say they come  
8 back after two to three weeks with -- well, the pain comes back after  
9 two to three weeks. Are you saying more things as in escalate the level  
10 of treatment, or do you mean repeat the same treatment?

11 A You -- you can either way. I think it's -- you can try --  
12 you can try the same injection. You can -- you -- I -- I normally do  
13 something different, but I know doctors who will -- who will repeat  
14 the -- the same -- the same process of -- I know a -- a -- several  
15 doctors that will do, you know, one, two, three epidural injections.  
16 And I think that's fairly common practice. I like to do different --  
17 different approaches. Just personal preference.

18 Q When would you recommend a medial branch block versus an  
19 epidural steroid injection?

20 A So medial -- medial branch, I -- I'm -- I'm a big fan of  
21 medial branch blocks. I -- I really like them. I think they -- they  
22 do treat the axial pain and the -- and the radiculopathy.

23 In -- in theory, the epidural injection is more designed for  
24 the -- for the radiculopathy pain. So if they come with a stray  
25 radiculopathy, very minimal back pain, it's more the leg that's hurting,



1 then you do an epidural. If they come with more back pain than leg  
2 pain, then you do a medial branch block. But these things are  
3 interchangeable.

4 The -- the epidural will treat the back pain. The medial  
5 branch block will treat the leg pain. So it -- it comes down to doctor  
6 preference. Some doctors will start with the epidural. Some will start  
7 with the MBB. But in -- in general, if you go read a book, the epidural  
8 is more designed for radiculopathy. The -- the MBB is more designed for  
9 the axial pain.

10 Q Good deal. I understand what you're telling me. Now, I know  
11 a little bit about it myself, but talking about it, I'm going to expose  
12 how ignorant I may be. From my understanding, a medial branch block is  
13 both -- well, a therapeutic procedure and a diagnostic procedure all  
14 wrapped up in one. Is that true or untrue?

15 A Yeah, it's true.

16 Q And when I say, therapeutic procedure, what I mean is, well,  
17 it's utilized to help manage the pain, manage and alleviate the symptoms,  
18 but there's also a second utility for a medial branch block in which  
19 it's used as a diagnostic tool to learn about if that may be the  
20 appropriate facet level to perform a more interventional surgery, true  
21 or untrue?

22 A That's true.

23 Q Does the epidural steroid injection have the same utility?  
24 Are you using it as both a therapeutic tool as well as a diagnostic  
25 tool, or is it exclusively one versus the other?



1           A       It -- it depends on how you do the epidural. If you put the  
2 epidural in the midline and you just -- you just flush medicine through  
3 the whole spine, then it's -- it's just therapeutic because you're --  
4 you're flushing every level. If you are -- if -- and if you do a --  
5 what they call a selective nerve root block or a transforaminal lumbar  
6 epidural, where you put the epidural through -- through its separate  
7 nerves, then it can -- it can be both. It can be diagnostic and  
8 therapeutic.

9           Q       I understand. It depends on the specific site in which you  
10 perform the epidural steroid injection in order for it to be both  
11 therapeutic and diagnostic, true or untrue?

12          A       That's true.

13          Q       Good deal. What about what it is you're looking for in that  
14 post-procedure appointment with the patient after a medial branch block?  
15 Are you looking for a lot of the same things that you do when you're  
16 seeing your patient after an epidural steroid injection?

17          A       Well, the medial branch block, as you said, there's -- there's  
18 the bigger characteristic of the -- of the -- the diagnostic, too. If  
19 you do the medial branch block, and they did -- they did very well, and  
20 the pain is returning, you know -- you know, even though the pain is  
21 returning, you know you're at the right place.

22                 So -- so that tells you that you're -- you're good to go do  
23 the rhizotomy, which is the -- the -- the ablation of the nerves that --  
24 that you've numbed with the medicine. Now you can go in a -- in a more,  
25 let's put it, in a more permanent solution, which is the rhizotomy. So



1 that's sort of the basic what you're looking at.

2 Q Now, if a patient comes back to you and says, Doctor, that  
3 medial branch block felt amazing, it alleviated my pain 100 percent, but  
4 then, well, the pain came back after two to three weeks, and it came  
5 back at 75 percent at the pre-injection levels, what would you do then?  
6 Would you recommend a second medial branch block? Would you escalate  
7 the treatment because it's a diagnostic procedure for something more  
8 interventional, or would you say, let's bide our time?

9 PHILIP MORGAN: Form.

10 WITNESS: So -- so there's a little confusion on these things  
11 here. There's -- I'll give you an example. Like -- like Blue Cross,  
12 Aetna, Medicare, they -- they will require that you do two medial branch  
13 blocks before you go to a rhizotomy. So those are -- those are -- those  
14 are the times that I will do just because it -- the insurance requires  
15 you to do it. And they're based then in -- in -- in -- in some --  
16 some -- some articles.

17 There are, however, some other articles that will say one is  
18 enough. So if you do one time and you know that that's the level,  
19 then -- then you can proceed with the rhizotomy. So I believe it's both  
20 are correct to do. Some doctors will be more conservative, or they are  
21 guided by insurance guidelines that they have to go that way. Then you  
22 do two medial branch blocks and then the rhizotomy as opposed to, I would  
23 say, vast majority of doctors, they will do one and then they will go  
24 to the rhizotomy if the insurance will allow them to do it.

25 BY ESSAY EDEN:



1 Q Understood. So it's your testimony that it would be medically  
2 appropriate to just do one before -- one medial branch block before  
3 escalating to a rhizotomy?

4 A I -- I believe it is.

5 Q Is there a percentage that the pain needs to come back in  
6 order for you to elect to do the rhizotomy? Let's say it comes back at  
7 50 percent pre-injection levels v. 80 percent, would you still elect for  
8 the rhizotomy even if the pain came back at only 50 percent?

9 A Well, I -- I believe Medicare has a guideline that is a  
10 reduction in pain in 80 percent and reduction in -- or improvement of  
11 function in 50 percent. Those are just numbers that they want you to --  
12 to -- to -- to -- to look kind of to guide.

13 I believe, if, you know, if they had -- they had maybe a  
14 slightly less, I think it's fine. I like when they say that they improve  
15 more than -- more than, you know, what -- what the guidelines of the  
16 insurance say because then, you know, nobody's going to question. But  
17 I've -- I'm not opposed 100 percent to -- because otherwise, what's the  
18 option? The option is to leave them in pain. What are you going to do?  
19 Go and put eight screws in their back now because the -- because the MBB  
20 was 49 percent better v. 50? I -- I think there's a little give on  
21 that -- on the -- on that -- on that rule.

22 You give the option to the patient. You tell them -- I always  
23 tell them, listen, guidelines say if -- if it didn't get -- didn't get  
24 better 50 percent, likely the -- the -- the rhizotomy is not going to  
25 help you for a long time.





1 Q Got you.

2 A And yeah, but -- but I would say most -- most people that we  
3 do rhizotomies, they -- they're -- they improve almost 100 percent  
4 because you -- you block a lot. You -- you anesthetize the whole joint.  
5 So there's no way these guys are feeling pain because it's all numb.  
6 It's like when you go to the dentist, you don't feel your mouth for half  
7 a day. So kind of there -- there's no real pain going on and the pain  
8 actually come back. So I would say it's not -- it's not an issue we run  
9 into too frequently.

10 Q I understand, Doctor. Now, you refer to the Medicare  
11 guidelines pretty frequently in your -- in your deposition today. Is  
12 that something you refer to or -- or practice consistently with?

13 A Medicare is just -- is just a bigger government payment.  
14 Every -- every insurance goes -- every insurance goes on the, you know,  
15 they -- they make the rules based on Medicare. And it -- it -- it is  
16 just -- it's just a guideline. Doesn't -- doesn't mean you have to go  
17 by it. But it's -- it's -- it's something that -- it -- it's a guideline,  
18 you know? Help -- helps you -- helps you just -- I -- I -- I personally,  
19 I -- do I like Medicare guidelines? Not really because they're just  
20 very -- you know, designed to not to approve too much stuff for obvious  
21 reasons. But those are the guidelines we have. So if we see Medicare,  
22 you know, we have to go by them.

23 Q And I really liked the way you summarized your answer there.  
24 You -- you practice in a way in which is medically appropriate, true or  
25 untrue?



1 A I -- I believe. I like to believe so.

2 Q And you like to believe that you're practicing medically  
3 appropriately by whose guidelines exactly? Do you practice consistent  
4 with sort of the governing body that is the American Medical Association  
5 or other folks that you kind of look to their standards for what you  
6 believe would be medically appropriate or not appropriate for the types  
7 of treatment you would provide folks?

8 A I think -- I think I -- I practice based on -- on a combination  
9 of things, probably. I practice based on, you know, my character, if --  
10 I'm 46 years old, the way I was brought up as -- as -- as -- as a child,  
11 the, you know, what things I learned in college, what I learned in  
12 medical school, fellowship. Of course, the societies I -- I belong to,  
13 you know, I think you put all together and you -- I try to get what I  
14 think it makes sense from -- from all of it and create my own way of  
15 doing what I believe is best for the patient.

16 I think every -- every society, every -- every institution  
17 will have their -- their good and bad things. Most of the things align  
18 and -- and, you know, it's not -- it's not, you know, what one -- one  
19 body says is -- is fairly -- there's some -- some variations. Like, for  
20 example, the -- the -- the one medial branch block, I -- I think is  
21 enough. I think it's -- I think it's unreasonable to bring a guy that  
22 lives 400 miles away for a second shot of lidocaine that's going to last  
23 him 12 hours just to take another -- I just think it's not going to  
24 happen.

25 Q Yeah. So I'm inclined to agree with you in that hypothetical,



1 Doctor.

2 A I try to -- try to adapt to -- to life, you know? Guidelines  
3 are beautiful on paper by people in -- in Washington who write them,  
4 but -- but that -- they -- they're not there in the ER seeing the guy  
5 bleeding in front of you. So sometimes you got to go, you know, to  
6 change a little bit. But with -- within reason, within, you know, within  
7 what -- what's acceptable. That -- that's how I think it is, what --  
8 what I believe.

9 Q Do you deviate sometimes from the American Medical  
10 Association, Doctor?

11 A I don't -- I don't even know their guidelines. I'm -- I'm a  
12 surgeon. I -- I don't think I ever read their guidelines, so I couldn't  
13 tell you. But I -- but I believe my orthopedic board guidelines, my  
14 surgery guidelines are -- are -- are based somewhat in line with those  
15 American Medical Association. But I'll be honest with you, I -- I don't  
16 think I've ever read it.

17 Q You understand that the American Medical Association is a  
18 peer-reviewed organization in the United States, don't you, Doctor?

19 A I do.

20 Q Are you a member?

21 A I'm not.

22 Q But you have stayed abreast of conventional wisdom and thought  
23 in your industry when it comes to medical ethics, have you not?

24 A I'm sorry, say it again.

25 Q You've stayed abreast of conventional wisdom and thought in



1 your industry when it comes to medical ethics, have you not?

2 A Yeah, of course.

3 Q You understand that the American Medical Association cautions  
4 against treaters like yourself from making causation opinions for their  
5 patients when they are in litigation, don't you?

6 A I'm not aware of it.

7 Q Do you believe that quote, "Treating clinicians raise  
8 considerable financial and social conflicts of interest if they attempt  
9 to engage in any forensic activity, such as causation analysis in regards  
10 to their patients"?

11 A I'm -- I'm not aware of it, nor I agree with it.

12 Q And reading from the AMA, which I'll represent to you is the  
13 American Medical Association causation text, and I quote, "It is a  
14 fallacy to conclude that one event followed by a second necessarily  
15 demonstrates a causal relationship between the events."

16 Do you believe that it is a fallacy to conclude that the  
17 timing of complaints that occur after an accident should be used to serve  
18 as a causation analysis by a treating physician?

19 PHILIP MORGAN: Objection. Form.

20 WITNESS: I don't agree with that.

21 BY ESSAY EDEN:

22 Q If the American Medical Association says it's not a credible  
23 basis to make a causation determination based on the timing of an  
24 accident and the timing of complaints, would you agree or disagree with  
25 that?



1 A I completely disagree.

2 Q Now, you've given affidavit testimony in Wyoming and other  
3 states where you have been called upon to give expert testimony, have  
4 you not?

5 A I might have. I don't recall.

6 Q In reading from an affidavit you gave in District Court in  
7 Wyoming in a case called Mark Salazar v. State Farm, you said, quote,  
8 "As a treating physician, I do not describe the incident or traumatic  
9 incident causing the symptoms. That is the job of the patient's attorney  
10 or whomever is doing that part of the trial. As a treating physician,  
11 I only describe his injury."

12 Do you recall that?

13 A I don't recall, but I -- but I don't disagree with it if I  
14 said so. I think it's a -- it's a valid statement.

15 Q The entirety of any causation opinions in this case that you  
16 give are based on the patient history given to you by Ms. Ledesma, true  
17 or untrue?

18 A That is true.

19 PHILIP MORGAN: Objection.

20 BY ESSAY EDEN:

21 Q In other words, you have not looked at any pictures, conducted  
22 any investigations, looked at the severity or positioning in the vehicle  
23 or anything about her body or how it reacted, other than what she told  
24 you in the patient history when she presented to you for care, true or  
25 untrue?



1 A That's true.

2 Q Are you familiar with the American Medical Association's  
3 causation protocol?

4 A I'm not familiar with it.

5 Q Kind of discusses exactly what I was quoting earlier during  
6 your deposition. And my question is, have you ever taken a course or  
7 actually read the AMA guidelines on causation protocols?

8 A No, I have not.

9 Q And in this case, you didn't employ the American Medical  
10 Association guidelines, but instead your own causation protocol that you  
11 claim you learned in your residency, true or untrue?

12 A Yeah, my residency, my fellowship, my two residencies, my --  
13 you know, several places I've worked at, colleagues I've seen. Yeah.

14 Q Do you know if that protocol has been approved by a court?

15 A I -- I -- I don't know much about -- I -- I -- I don't even  
16 know that protocol exists. I don't know much about it.

17 Q I meant more so your methodology or theory in which you  
18 determine causation. Has that methodology that you utilize in order to  
19 determine whether or not something was within reasonable medical  
20 probability caused by something else, has that been submitted and  
21 approved by a court?

22 A I don't know. I don't know. I'm not -- I -- I don't know.

23 Q And to reiterate, you're not giving a biokinematics opinion  
24 on this case. In other words, you're not evaluating how a body moves,  
25 measuring the forces that act on human joints, bones, muscles, ligaments,



1 and the -- and then predict certain outcomes, whether it's injury causing  
2 or not? That -- that's a discipline that you're not exercising, true  
3 or untrue?

4 A That's true.

5 Q Now, the methodology in which you determine causation and  
6 whether something within reasonable medical probability was caused by  
7 an incident such as a car accident, do you know if your theory or  
8 methodology or protocol that you apply to determine causation, do you  
9 know if it's ever been tested?

10 PHILIP MORGAN: Form.

11 WITNESS: Well, it's been tested. It's -- it's -- it's how  
12 every spine surgeon I know practices medicine. You know, probably know  
13 over a hundred surgeons from, you know, from Harvard, Stanford, Cleveland  
14 Clinic, Mayo, University of Illinois, University of Chicago, and where  
15 I train, the -- the people, I -- I -- I -- I do the boards with, in the  
16 military where I'm a -- I'm a spine surgeon for the military.

17 So it -- it's -- it's -- it's -- I don't -- I don't -- there's  
18 no real that I use -- I'm not saying that there's no, you know, of course  
19 there are protocols. I -- I bet you they are. But I think how -- how  
20 we do it is by personal experience and then just guided by -- by -- by  
21 hundreds of surgeons I know that have taught me how to do this.

22 ESSAY EDEN: Objection as to the nonresponsive portion of the  
23 answer.

24 BY ESSAY EDEN:

25 Q Now, Doctor, I trust that you're qualified and not really

1 trying to talk about your qualifications or your experience, but more  
2 so the methodology that you use or exercise in the determining your  
3 causation, conclusions, or opinions. Now, my question is: Do you know  
4 if your methodology, your theory, your protocol in determining causation,  
5 if it's ever been subjected to peer-review or publication?

6 A I -- I'm not aware of any publication of -- of -- of how do  
7 you -- like how do -- how you do a clinical visit on a patient. I --  
8 I'm just not aware. What I'm telling you is that, you know, that's how  
9 I've watched and how I learned throughout, you know, years of -- of, you  
10 know, several years in -- in school and -- and observing doctors and see  
11 how they work. It -- it's more an observation in learning in -- in --  
12 in -- in -- in a way, but I'm not aware of any studies that published  
13 that way on how to proceed.

14 ESSAY EDEN: Objection to the nonresponsive portion of the  
15 answer.

16 BY ESSAY EDEN:

17 Q What about your rate of error, Doctor, the -- the protocol  
18 theory or methodology in which you exercise in order to determine  
19 causation within a reasonable medical probability, do you know the rate  
20 of error?

21 A I couldn't tell you a rate of error. I don't know.

22 Q Have you ever submitted your theory or methodology or protocol  
23 in determining causation within a reasonable medical probability to any  
24 relevant scientific community and have them say, look, we looked at Dr.  
25 Techy's methods and protocols in determining causation within a





1 reasonable medical probability and we liked it; has that ever happened?

2 PHILIP MORGAN: Form.

3 WITNESS: No.

4 BY ESSAY EDEN:

5 Q And you are not relying on objective impressions to determine  
6 causation, are you, Doctor? You are using subjective interpretation,  
7 true or untrue?

8 PHILIP MORGAN: Form.

9 WITNESS: Well, how -- how I make the diagnosis is based on  
10 three things. One is the -- the clinical history the patient tells,  
11 the -- the exam, and the imaging. So two of these things are objective,  
12 which is the exam and the imaging, and one is subjective, which is the  
13 history. So I would say is a combination of objective and subjective  
14 data that you put together to make a diagnosis.

15 ESSAY EDEN: Objection as nonresponsive.

16 BY ESSAY EDEN:

17 Q Doctor, I think I may have failed in asking my question and  
18 I apologize. I was not asking about the impressions you rely on to make  
19 a diagnosis, Doctor. I was asking about the impressions or factors that  
20 you rely on to make your opinion regarding causation in which you say,  
21 within reasonable medical probability this accident caused her injuries.  
22 Do you understand the distinction that I'm making, Doctor?

23 A I do, yes.

24 Q Good deal. So you understand that I'm not talking about your  
25 diagnosis in which you rely on the objective impressions and clinical



1 impressions that we discussed earlier, but I'm more so talking about  
2 your opinion as a qualified expert that is non-retained in this lawsuit,  
3 about whether or not this car accident that we are here for today caused  
4 Ms. Ledesma's injuries. Do you understand that?

5 A I understand.

6 Q Now, my question is: You're not relying on any objective  
7 impressions to render your opinion on causation. You're using subjective  
8 interpretation, true or untrue?

9 PHILIP MORGAN: Object. Form.

10 BY ESSAY EDEN:

11 Q You can answer, Doctor. True or untrue?

12 A True.

13 Q Doctor, have you understood all my questions today?

14 A I have.

15 Q Have I been kind and respectful to you, Dr. Techy?

16 A You've been very nice.

17 ESSAY EDEN: You've been very nice yourself, sir. Thank you  
18 so very much. I'll pass the witness.

19 WITNESS: Wonderful.

20 EXAMINATION

21 BY PHILIP MORGAN:

22 Q All right. I do have some follow-up questions, Dr. Techy.  
23 You considered the fact that Ms. Ledesma was in a car crash on April 7,  
24 2022, correct?

25 A Correct.



1 Q And immediately thereafter, she started experiencing  
2 symptoms, correct?

3 A Correct.

4 Q And then eventually there was imaging done in an -- an MRI  
5 showing herniated discs, correct?

6 A That's correct.

7 Q Based on your education and -- and experience, tying those  
8 three things together, is it -- is that the standard -- is that a standard  
9 way of determining that the crash caused the injuries that she was --  
10 that she is suffering?

11 ESSAY EDEN: Objection. Asked and answered.

12 WITNESS: That -- that is the standard, yes.

13 BY PHILIP MORGAN:

14 Q Okay. And -- and you learned that standard through your  
15 education and experience?

16 A Correct.

17 Q And is it your understanding that that standard is followed  
18 by hundreds, if not thousands of treating physicians?

19 A I -- I -- yeah, I could say that -- that I know personally  
20 hundreds at least for sure, but -- but very likely thousands throughout  
21 the world.

22 Q Okay. Is there anything else that you've seen that could --  
23 you could point to, to say this is the source or cause of Ms. Ledesma's  
24 injuries?

25 A No, I think we -- we made it clear what I think it is. There's



1 nothing else that I think.

2 Q Can a car crash cause herniated discs?

3 A Yes.

4 Q Okay. If Ms. Ledesma had herniated discs prior to this crash,  
5 is it your understanding that those herniated discs weren't causing any  
6 pain or symptoms?

7 A Yeah, true.

8 Q Would the new pain that Ms. Ledesma is reporting immediately  
9 after the crash, would that be considered an injury to her back?

10 A Yes.

11 Q So in other words, if Defendant's paid testifier were to state  
12 that the herniations that we saw in Ms. Ledesma's MRIs were degenerative,  
13 even though she was 20 years old, as far as we know, those issues were  
14 not causing any pain prior to the crash, correct?

15 A Correct.

16 Q And so, if those herniations were there, as Defendant's paid  
17 testifiers states, there was a new injury to Ms. Ledesma because of the  
18 crash because she started experiencing new pain; is that correct?

19 A That's correct.

20 Q And that -- that injury that we're talking about, that new --  
21 that new pain, that would've been caused by the crash, correct?

22 A Correct.

23 Q And -- and your -- your opinion is within a reasonable degree  
24 of medical probability that her -- her injuries, the -- the -- the --  
25 were caused by the crash, correct?



1 A Correct.

2 Q So even -- even if Defendant's paid testifier is to be  
3 believed that Ms. -- that at 20 years old, Ms. Ledesma had degenerative  
4 changes in her spine, because those changes were not causing her any  
5 pain prior to the crash, is it your opinion within a reasonable degree  
6 of medical probability that Ms. Ledesma still suffered an injury because  
7 of the crash, because of the new pain she's reporting?

8 A Yes.

9 Q There was a line of question -- questioning about MRIs that  
10 I -- I candidly didn't -- didn't understand or follow. However, it --  
11 let's do this. Doctor, I'm going to share my -- share my screen. All  
12 right. We're looking back at the -- the treatment summary that we looked  
13 at before. We see that the crash occurred on -- on April 7th, correct?

14 A Yes.

15 Q And Ms. Ledesma was reporting pain to her treating physician  
16 after the crash. In fact, she saw a doctor two days later, reporting  
17 pain, correct?

18 A Correct.

19 Q And she started on a -- a series of -- of chiropractic or  
20 physical therapy sessions, completed 45 sessions over the course of  
21 several months, correct?

22 A Right.

23 Q Correct?

24 A Correct, I see it. Yeah.

25 Q Oh, sorry. And then about a month after the crash, MRI



1 imaging is ordered because Ms. Ledesma is still experiencing pain. Is  
2 it your opinion as a practicing surgeon and who -- who treats patients  
3 involved in traumatic events such as a car crash that these MRIs were  
4 reasonably medically necessary?

5 A Oh, for sure.

6 PHILIP MORGAN: I have -- I have no further questions. I'll  
7 pass the witness.

8 EXAMINATION

9 BY ESSAY EDEN:

10 Q Hey, Doctor, I got a few more for you. I know I said it was  
11 only going to be 30 minutes and I under promise, over deliver, but  
12 sometimes we're wrong. Is that okay if I ask you some more questions?

13 A Sure.

14 Q Good deal. Now, at that slide that Mr. Morgan presented  
15 earlier, on that timeline it shows that there were MRIs performed on May  
16 11th of 2022; is that true? Were the MRIs performed on May 11th of  
17 2022?

18 A I'm not sure. We -- we need to go see the report, when the  
19 date says. That I couldn't tell right now.

20 ESSAY EDEN: Mr. Morgan, is it okay if you go ahead and post  
21 that timeline right back up, sir?

22 I'm sorry, is my -- is my audio not working? I'm sorry.

23 PHILIP MORGAN: No, no --

24 ESSAY EDEN: Mr. Morgan, is it okay if you could put it right  
25 back up, sir?



1 PHILIP MORGAN: Sure.

2 ESSAY EDEN: Thank you.

3 BY ESSAY EDEN:

4 Q All right. Do you see this little timeline on your screen,  
5 sir?

6 A Yeah.

7 Q Okay. And then on that 1, 2, 3, 4, fourth asterisk there, or  
8 bullet point rather, it says, 5-11-22 MRI imaging. Do you understand  
9 that to mean that she received MRI imaging on May 11th of 2022?

10 A That is what I understand.

11 Q Now, it doesn't look like she got any other MRI images done  
12 on this timeline, so when we're talking about the objective impressions  
13 that you rely on in determining what medical treatment would be medically  
14 appropriate or inappropriate for Ms. Ledesma, is it safe to presume that  
15 the objective impressions you were relying on were from those May 11th,  
16 2022, MRI images?

17 PHILIP MORGAN: Objection. Form. Misstates his prior  
18 testimony. There are two sets of MRIs. They are just not reflected on  
19 the outline.

20 WITNESS: Yeah, I think right after Dr. Lee sees her in August  
21 and September, he orders a new one. So when I -- when I see her in --  
22 in September, she just had done an MRI. I think it was fairly -- fairly  
23 recent.

24 BY ESSAY EDEN:

25 Q Now, I want to talk to you a little bit about the treatment



1 you provided for Ms. Ledesma now. In other words, I don't want to talk  
2 about it in a general sense as it relates to orthopedic medicine, but  
3 more so the treatment you provided for her; do you understand?

4 A Yes.

5 Q Okay. Now, what was it that you were looking for as it  
6 relates to the MRI of her cervical spine for you to believe that it  
7 would be medically appropriate for her to receive the treatment she  
8 received afterwards?

9 A So again, it's a combination of -- of the exam that I do,  
10 the -- the history, and the MRI. So as she comes to me, she -- she's --  
11 she told the whole story that we heard several times today, and she is  
12 still in pain. When I look, she -- as I examine her, her pain is in the  
13 neck is from C4 to C7, and in -- in the lumbar spine, L3 to S1.

14 I think, as we look at the MRIs of the -- we look at the MRI,  
15 she has herniated disc at C4-5 and C5-6, and L4-5 in the lumbar spine.  
16 So it -- to me, it matches. You know, she has a couple herniated discs  
17 in the neck, one in the -- one in the low back, with facet pain, three  
18 levels in the neck, three levels in the back. So I thought it was --  
19 it would be appropriate to do a -- a -- a three-level medial branch  
20 block in each, in the neck and back.

21 Q Good deal. So you're relying on the May 11th, 2022, MRIs for  
22 the objective impressions as it relates to your treatment care plan for  
23 Ms. Ledesma?

24 PHILIP MORGAN: Objection.

25 WITNESS: I was -- I was -- on the MRI of September of --





1 either September or October of '23, I think.

2 BY ESSAY EDEN:

3 Q Okay. Are you still treating Ms. Ledesma?

4 A No.

5 Q And why is that?

6 A I -- I don't know. I never -- she never came back to the  
7 office.

8 Q And I think you testified earlier that you were not her first  
9 orthopedic doctor who treated her for her initial consultation, true or  
10 untrue?

11 A I -- I believe somebody saw her before me.

12 Q Do you know why she still -- my question is, do you know why  
13 she stopped treating with him and started treating with you?

14 A I -- I don't know. I assume she wasn't very pleased with  
15 all, you know -- all the treatment. That -- that's -- I -- I -- I never  
16 really asked, so I don't know.

17 Q So it wasn't that -- that the previous doctor referred her to  
18 you, or wrote a referral to see if you would provide a concurring opinion.  
19 It's your testimony today that you can't testify one way or the other  
20 why she stopped treating with that doctor and why she started treating  
21 with you?

22 A Yeah, I don't -- I don't know exactly. From -- from what I  
23 understand, these -- and I don't know if they are a surgeon or not in,  
24 you know -- or I -- I know she -- she came to my office, and all I know  
25 is she was treating with somebody else and still in pain, and I -- I

1 didn't really ask why.

2           ESSAY EDEN: I'll pass the witness.

3           PHILIP MORGAN: No further questions. Reserve ours for time  
4 at trial.

5           NOTARY: Okay, everyone, I will take us off the record here.  
6 Thank you to you all.

7           The -- the witness in this case will actually receive an e-  
8 mail from Skribe that will enable you to review the video record and  
9 submit a Statement of Changes, if any.

10           Counsel, as usual, I have placed a link in the chat box. If  
11 you could, please upload all of your exhibits there. And someone from  
12 Skribe will be reaching out regarding ordering a copy of the deposition  
13 materials.

14           This concludes today's deposition of Fernando Techy, M.D.  
15 The time is 7:39 p.m., Central Time. We are off the record.



IN THE UNITED STATES DISTRICT COURT OF

THE SOUTHERN DISTRICT OF TEXAS

HOUSTON DIVISION

ALYSSON LEDESMA )

PLAINTIFF, )

VS. )

CIVIL ACTION NO. 4:23-CV-01983

TYRUS CANTY AND TRANSAM )

TRUCKING, INC. )

DEFENDANTS. )

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CERTIFICATE OF NON-STENOGRAPHICALLY RECORDED PROCEEDING

VIDEOTAPED DEPOSITION OF FERNANDO TECHY, M.D.

JULY 30, 2024

AT THE REQUEST OF THE SCHEDULING ATTORNEY AND PURSUANT TO TEXAS  
RULES OF CIVIL PROCEDURE 199.1(C), 203, AND ANY OTHER APPLICABLE  
RULES, I, LEONARD M. RHEM, A NOTARY PUBLIC IN AND FOR THE STATE OF  
TEXAS, DO HEREBY CERTIFY:

THE WITNESS, FERNANDO TECHY, M.D., WAS DULY SWORN BY ME IN A NON-  
STENOGRAPHIC PROCEEDING THAT TOOK PLACE AS FOLLOWS:

LOCATION: REMOTE, ONLINE AUDIO AND VIDEO



DATE: JULY 30, 2024

TIME: 5:03 P.M., CDT

EVENT: DEPOSITION

THE TESTIMONY AND PROCEEDING WERE NON-STENOGRAPHICALLY RECORDED  
BY THE SCHEDULING ATTORNEY USING ELECTRONIC AUDIO AND/OR AUDIOVISUAL  
RECORDING METHODS THROUGH ZOOM SOFTWARE.

THE NON-STENOGRAPHIC AUDIO AND/OR AUDIOVISUAL RECORDING MADE BY  
THE SCHEDULING ATTORNEY IS INTELLIGIBLE, ACCURATE AND TRUSTWORTHY AND  
IS A TRUE RECORD OF THE TESTIMONY GIVEN BY THE WITNESS. ALL PARTIES  
WHO ATTENDED THE PROCEEDING AGREED TO SKRIBE, INC.'S TERMS AND  
CONDITIONS AND AGREED TO THE PROCEEDING BEING RECORDED NON-  
STENOGRAPHICALLY USING ELECTRONIC AUDIO AND/OR AUDIOVISUAL RECORDING  
METHODS.

THE NON-STENOGRAPHIC AUDIO AND/OR AUDIOVISUAL RECORDING AND THIS  
CERTIFICATE WERE ELECTRONICALLY DELIVERED TO ALL PARTIES WHO ATTENDED  
THE EVENT ON OR ABOUT AUGUST 6, 2024 AND THIS CERTIFICATE MAY BE FILED  
WITH THE COURT, PER TEXAS RULE OF CIVIL PROCEDURE 203.2.

THE AMOUNT OF TIME USED BY EACH PARTY AT THE DEPOSITION IS AS  
FOLLOWS:

ATTORNEY 1: PHILIP J. MORGAN

DURATION OF EXAMINATION: 72 MINUTES

ATTORNEY 2: ESSAY EDEN



DURATION OF EXAMINATION: 61 MINUTES

THE AMOUNT OF THE CHARGES TO THE SCHEDULING ATTORNEY FOR  
PREPARING THE ORIGINAL NON-STENOGRAPHIC RECORD IS \$ \_\_\_\_\_.

THE NON-STENOGRAPHIC AUDIO AND/OR AUDIOVISUAL RECORDING WAS  
ELECTRONICALLY DELIVERED TO THE WITNESS OR TO THE ATTORNEY FOR THE  
WITNESS FOR REVIEW AND SIGNATURE ON AUGUST 6, 2024 AND THE STATEMENT  
OF CHANGES WAS RETURNED BY EMAIL BY SEPTEMBER 6, 2024 (OR) WAS NOT  
RETURNED BY THE WITNESS OR BY THE ATTORNEY FOR THE WITNESS. IF  
RETURNED, THE STATEMENT OF CHANGES IS ATTACHED HERETO.

I FURTHER CERTIFY THAT I AM NOT RELATED TO ANY OF THE PARTIES TO  
THIS ACTION BY BLOOD OR MARRIAGE AND AM IN NO WAY FINANCIALLY  
INTERESTED IN THE OUTCOME OF THIS MATTER.

IN WITNESS THEREOF, I HAVE HEREUNTO SET MY HAND THIS 6TH DAY OF  
AUGUST, 2024.



LEONARD M. RHEM

TEXAS NOTARY COMMISSION: 132988515



DEPOSITION OF FERNANDO TECHY, M.D.

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This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

1 I, FERNANDO TECHY, M.D., HAVE REVIEWED THE NON-STENOGRAPHIC RECORD AND  
2 HEREBY AFFIX MY SIGNATURE THAT IT IS INTELLIGIBLE, ACCURATE AND  
3 TRUSTWORTHY AND IS A TRUE RECORD OF THE TESTIMONY GIVEN BY ME ON JULY  
4 30, 2024, EXCEPT AS NOTED ON THE PREVIOUS PAGE(S).

5  
6 \_\_\_\_\_  
7 FERNANDO TECHY, M.D.  
8

9 THE STATE OF \_\_\_\_\_  
10 COUNTY OF \_\_\_\_\_  
11

12 BEFORE ME, \_\_\_\_\_, ON THIS DAY  
13 PERSONALLY APPEARED FERNANDO TECHY, M.D. KNOWN TO ME OR PROVED TO ME  
14 UNDER OATH OR THROUGH \_\_\_\_\_, (DESCRIPTION OF  
15 IDENTITY CARD OR DOCUMENT) TO BE THE PERSON WHOSE NAME IS SUBSCRIBED  
16 TO THE FOREGOING INSTRUMENT AND ACKNOWLEDGED TO ME THAT THEY EXECUTED  
17 THE SAME FOR THE PURPOSES AND CONSIDERATION THEREIN EXPRESSED.  
18

19 GIVEN UNDER MY HAND AND SEAL OF OFFICE THIS \_\_\_\_\_ DAY  
20 OF \_\_\_\_\_, \_\_\_\_\_.  
21

22 \_\_\_\_\_  
23 NOTARY PUBLIC IN AND FOR  
24 THE STATE OF TEXAS  
25